What is Peer Support in Independent Living

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disABILITY LINK

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What is Peer Support

- What does your Center do around peer support currently?

Why is Peer Support Important

- It's a Core Service
- A way to connect persons with disabilities
- Why do you think Peer Support is important?

Types of Peer Support

- Are you doing individual peer support? Group Peer Support? Both?

- How do you track peer support?

Peer Support Training

- What sort of training or support do you have in building your peer support programs?

Peer Support and the COVID Pandemic

- How has COVID changed how you interact or think of peer support?

Peer Support Program Resources made (very) easy by Independent Living Research Utilization = ILRU:

- **List of ILRU Peer Support Program Trainings** - [ILRU peer support program trainings](#)

- **Building an Effective Peer Support Program: A Proven Volunteer Model (15 Hours)**

- [Building effective peer support program](#)

- **Get to the Core of It - Peer Support: Best Practices in the CIL Core Services (1.5 Hrs)**

- [Peer support best practice in the CIL core services](#)

- **Building an Effective Peer Support Program - Online Course Manual**

- [Building an effective peer support program](#)

- **Empowering Persons with Psychiatric Disabilities: The Role of the Peer Model in CILs (15 Hours)**

- [Empowering persons with psychiatric disabilities](#)

- [Rural Conversation Community: Peer Support for COVID-19 (1 Hour)](#)

- [community-peer-support-for-covid-19](#)

- **Get to the Core of It: Best Practices in the Four Core Services, Peer Support - A Proven Volunteer Model (1.5 Hours)**

- [best practices four core services-peer-support-proven volunteer model](#)

Other Peer Support Program Resources to Consider

- **APRIL**
- [april rural conversations](#)
- **disABILITY LINK**
- [disabilitylink peer-support](#)
- **SARTAC** = Self Advocacy Resource and Assistance Center
- [self advocacy information](#)
- **GMHCN** = Georgia Mental Health Consumer Network
- [georgia peer-support institute](#)
- **GAO** = Government Accountability Office (best practice research)
- [goverment accountability office best practice research](#)

Questions!

- What more do you want to know and learn about peer support?