

What is Peer Support in Independent Living: Transcript

00:00:11.000 --> 00:00:12.000

. >> AERIUS FRANKLIN: Hello, everyone.

00:00:12.000 --> 00:00:20.000

. >> AERIUS FRANKLIN: Hello, everyone.

00:00:20.000 --> 00:00:21.000

And welcome. I am Aerius Franklin, an APRIL board member and facilitator off the call

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And welcome. I am Aerius Franklin, an APRIL board member and facilitator off the call

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today. Thank you for joining us for this workshop.

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today. Thank you for joining us for this workshop.

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I want to mention a few housekeeping rules and items before we get started.

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I want to mention a few housekeeping rules and items before we get started.

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First, when you scroll over the screen, a menu bar pops up depend on the ground what device you are on.

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First, when you scroll over the screen, a menu bar pops up depend on the ground what device you are on.

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captioning for today's session. You can view the captioning by selecting the closed caption tab on

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the menu Darr. For sign language interpreting, you can find the interpreter on the

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screen. If you would like to change the size of the screen if slides are shown you

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screen. If you would like to change the size of the screen if slides are shown you

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can select the line in the middle to make slides larger or smaller. For sessions with -- if you have

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can select the line in the middle to make slides larger or smaller. For sessions with -- if you have

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technical issues, please use the chat feature. You can find the word bubble in that

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technical issues, please use the chat feature. You can find the word bubble in that

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same menu bar. If you would like to turn the chat feature off if you are using a screen

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same menu bar. If you would like to turn the chat feature off if you are using a screen

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reader, you can do that by presses AltH or please use the info and help section on the conference website.

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reader, you can do that by presses AltH or please use the info and help section on the conference website.

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For more help for Q&A times, please note the Q&A box is on the menu bar. Please only submit questions there as

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For more help for Q&A times, please note the Q&A box is on the menu bar. Please only submit questions there as

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they may get lost in the chat. To ask a question or make a comment you can also select the hand option on

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they may get lost in the chat. To ask a question or make a comment you can also select the hand option on

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the menu bar. That allows us to know you have a question.

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the menu bar. That allows us to know you have a question.

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For those of you on the phone today or using key strokes we ask that you press star 90AltY on your key pad to

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For those of you on the phone today or using key strokes we ask that you press star 90AltY on your key pad to

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raise your hand. We will then let you know when you can unmute.

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raise your hand. We will then let you know when you can unmute.

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If you join the conversation, please keep all background noise down as much as possible to allow us to hear you

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If you join the conversation, please keep all background noise down as much as possible to allow us to hear you

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clearly. I would like to introduce our speakers today.

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clearly. I would like to introduce our speakers today.

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The first person we have, depending on where you're looking at on the screen, he will be to my left, Kyle Kleist,

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The first person we have, depending on where you're looking at on the screen, he will be to my left, Kyle Kleist,

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the Executive Director at the center for Independent Living in western Wisconsin and to my right the lovely

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the Executive Director at the center for Independent Living in western Wisconsin and to my right the lovely

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and beautiful Linda Pogue, disability rights and peer support at disability rights link in Georgia.

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and beautiful Linda Pogue, disability rights and peer support at disability rights link in Georgia.

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>> LINDA POGUE: Thank you. I appreciate the introduction. Anything else you need to say.

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>> LINDA POGUE: Thank you. I appreciate the introduction. Anything else you need to say.

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>> AERIUS FRANKLIN: I forgot to mention the name of the session. It's the introduction to peer support

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>> AERIUS FRANKLIN: I forgot to mention the name of the session. It's the introduction to peer support

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and so I hope you guys enjoy. >> LINDA POGUE: Thank you, Aeriis. This is Linda.

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and so I hope you guys enjoy. >> LINDA POGUE: Thank you, Aeriis. This is Linda.

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My name is Linda Pogue and I no longer work full-time at disABILITY LINK which is the Center for Independent

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My name is Linda Pogue and I no longer work full-time at disABILITY LINK which is the Center for Independent

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Living that serves metropolitan Georgia. I spend my time talking about

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Living that serves metropolitan Georgia. I spend my time talking about

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disability support and disability rights and it's a huge honor to be here with APRIL and alongside Kyle and

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disability support and disability rights and it's a huge honor to be here with APRIL and alongside Kyle and

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I appreciate it very much. Thank you friends. >> KYLE KLEIST: Thank you Linda.

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I appreciate it very much. Thank you friends. >> KYLE KLEIST: Thank you Linda.

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Welcome everyone. Myself, I've been in Independent Living for over 12 years, can'tly as

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Welcome everyone. Myself, I've been in Independent Living for over 12 years, can'tly as

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Executive Director. Peer support has always been near and dear to my heart.

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Executive Director. Peer support has always been near and dear to my heart.

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Linda and I are looking forward to a really great discussion today talking about what different centers are doing

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Linda and I are looking forward to a really great discussion today talking about what different centers are doing

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for peer support, why it's important and an opportunity to really share with one another around peer support.

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for peer support, why it's important and an opportunity to really share with one another around peer support.

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So with that, Linda, I will get started. >> LINDA POGUE: Thank you.

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So with that, Linda, I will get started. >> LINDA POGUE: Thank you.

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First slide. What is peer support? What does your center do around peer support

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First slide. What is peer support? What does your center do around peer support

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currently? So I would love to hear in anybody in various ways that Aerius said you could contact us.

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currently? So I would love to hear in anybody in various ways that Aerius said you could contact us.

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In the meantime, can I ask you, Kyle, please to share some of the things that happen at your CIL to start the

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In the meantime, can I ask you, Kyle, please to share some of the things that happen at your CIL to start the

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conversation? >> KYLE KLEIST: Absolutely, Linda. Peer support used to be one of the

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conversation? >> KYLE KLEIST: Absolutely, Linda. Peer support used to be one of the

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positions where we had at one time a part-timer and then a full-time person around and over time it kind of took a

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positions where we had at one time a part-timer and then a full-time person around and over time it kind of took a

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backseat as staff took on other activities and we started to do other things.

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backseat as staff took on other activities and we started to do other things.

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So one of the things that came out of our recent three year strategic plan was putting more of an emphasis back

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So one of the things that came out of our recent three year strategic plan was putting more of an emphasis back

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into peer support. So I have two wonderful new staff and the one thing that they brought a

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into peer support. So I have two wonderful new staff and the one thing that they brought a

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change that I really am excited about is instead of calling it peer support, they are calling it peer partnership.

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change that I really am excited about is instead of calling it peer support, they are calling it peer partnership.

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>> LINDA POGUE: Hmm. >> KYLE KLEIST: Kind of putting the emphasis on the fact that it's not

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>> LINDA POGUE: Hmm. >> KYLE KLEIST: Kind of putting the emphasis on the fact that it's not

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just mentoring but it's a partnership between individuals as well as they share ideas and information and also

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just mentoring but it's a partnership between individuals as well as they share ideas and information and also

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looking to do some wonderful activities. In the past we've had some great

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looking to do some wonderful activities. In the past we've had some great

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groups that were age specific. We had one going well that was called born in the 90s and it was really

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groups that were age specific. We had one going well that was called born in the 90s and it was really

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geared toward the younger population, I guess. But yeah, up until the pandemic --

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geared toward the younger population, I guess. But yeah, up until the pandemic --

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which we'll talk about as well, how COVID has impacted things. But yes, at our center we are really

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which we'll talk about as well, how COVID has impacted things. But yes, at our center we are really

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looking -- and here's one of the things that I'm excited about today is to learn what other centers are doing

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looking -- and here's one of the things that I'm excited about today is to learn what other centers are doing

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around peer support. So some of the things that we can take away from our center as we move into

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around peer support. So some of the things that we can take away from our center as we move into

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really developing our peer support or as we're calling, our peer partnership program.

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really developing our peer support or as we're calling, our peer partnership program.

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>> LINDA POGUE: Thank you. So yeah this is peer support in action.

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>> LINDA POGUE: Thank you. So yeah this is peer support in action.

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People from centers all around the country sharing with each other care of APRIL this great opportunity to

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People from centers all around the country sharing with each other care of APRIL this great opportunity to

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learn from one another. So we would love to know whether you are pry \mare\mayor plea doing the

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learn from one another. So we would love to know whether you are pry \mare\mayor plea doing the

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things that you call peer support or whatever name you give to it, we would love to hear that too.

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things that you call peer support or whatever name you give to it, we would love to hear that too.

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How you're talking about it. Are you primarily doing groups? Is this a formal program where people are

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How you're talking about it. Are you primarily doing groups? Is this a formal program where people are

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connected with each other? Do you think of peer support as an outcome or as a tool for other outcomes? I would

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connected with each other? Do you think of peer support as an outcome or as a tool for other outcomes? I would

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be very interested to know and following what you were saying too, Kyle, do you think that peer support

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be very interested to know and following what you were saying too, Kyle, do you think that peer support

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is getting enough attention, generally, in the Independent Living world or in your particular CIL? Any

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is getting enough attention, generally, in the Independent Living world or in your particular CIL? Any

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of those questions we would love to hear from you. What about training? Is training

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of those questions we would love to hear from you. What about training? Is training

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something that happens as part of your maybe orientation for staff and volunteers around peer support? Or is

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something that happens as part of your maybe orientation for staff and volunteers around peer support? Or is

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it something that's conducted separately? That would also be of interest, I think.

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it something that's conducted separately? That would also be of interest, I think.

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Another question I have is, can anyone do it? Can anyone do peer support? How do you answer that question in

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Another question I have is, can anyone do it? Can anyone do peer support? How do you answer that question in

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your center for Independent Living? >> KYLE KLEIST: Yes. >> This is Abby from APRIL and just a

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your center for Independent Living? >> KYLE KLEIST: Yes. >> This is Abby from APRIL and just a

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reminder that everyone can participate. There is a Q&A portion and we also

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reminder that everyone can participate. There is a Q&A portion and we also

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have the chat and you are welcome to raise your hand and we would be happy to give you the opportunity to unmute

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have the chat and you are welcome to raise your hand and we would be happy to give you the opportunity to unmute

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and ask or answer any questions during today's sessions. >> KYLE KLEIST: Thank you.

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and ask or answer any questions during today's sessions. >> KYLE KLEIST: Thank you.

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Yes especially we would love at this point -- Linda and I were really hoping we could hear from other folks

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Yes especially we would love at this point -- Linda and I were really hoping we could hear from other folks

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around the country, what is your center doing with peer support? Opportunity to really share.

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around the country, what is your center doing with peer support? Opportunity to really share.

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We're working on poof partnership and developing paperwork around that, specifically looking at individual

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We're working on poof partnership and developing paperwork around that, specifically looking at individual

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matches, of course. Going back to, I suppose what a lot of people call the traditional peer

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matches, of course. Going back to, I suppose what a lot of people call the traditional peer

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support model where we would match up people with the same or similar disabilities and I see it around where

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support model where we would match up people with the same or similar disabilities and I see it around where

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things have been morphing into a lot more group activities and things like that.

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things have been morphing into a lot more group activities and things like that.

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>> LINDA POGUE: How do people get connected in your particular CIL? Is it around, as Kyle says, that

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>> LINDA POGUE: How do people get connected in your particular CIL? Is it around, as Kyle says, that

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traditional thought of people with similar disability labels or experiences or is it around something

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traditional thought of people with similar disability labels or experiences or is it around something

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different? Maybe around goals? Maybe around something simple like geography or communication.

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different? Maybe around goals? Maybe around something simple like geography or communication.

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Something like that. Yeah. I see people are saying hello and I'm

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Something like that. Yeah. I see people are saying hello and I'm

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so glad that you're here. Thank you. Not just to ask a question but a

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so glad that you're here. Thank you. Not just to ask a question but a

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comment on any of the things that we've mentioned so far. Anything that could come around, what

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comment on any of the things that we've mentioned so far. Anything that could come around, what

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does your center do around peer support currently? So I see somebody saying groups is our model so far.

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does your center do around peer support currently? So I see somebody saying groups is our model so far.

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That's from Kendra Garcia. Thank you, Kendra. >> We have a raised hand from Renota.

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That's from Kendra Garcia. Thank you, Kendra. >> We have a raised hand from Renota.

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>> RENOTA: Good morning I'm one of the transition advocates for mounting his or her size on center for Independent

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>> RENOTA: Good morning I'm one of the transition advocates for mounting his or her size on center for Independent

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Living and we serve Galveston County in Texas. I had put in the chat a couple of

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Living and we serve Galveston County in Texas. I had put in the chat a couple of

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things. Actually, I am the facilitator of both of our active peer support groups

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things. Actually, I am the facilitator of both of our active peer support groups

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right now, which I love. I'm the cofacilitator. We have another staff member that does

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right now, which I love. I'm the cofacilitator. We have another staff member that does

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it with me but one is for individuals with cerebral palsy because we saw a need for that within the community

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it with me but one is for individuals with cerebral palsy because we saw a need for that within the community

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with a lot of the consumers we serve. And then we have one for seniors. We call it silver linings and it's

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with a lot of the consumers we serve. And then we have one for seniors. We call it silver linings and it's

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really great. I love both of them. Both of the support groups but the one -- we work with the seniors and they

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really great. I love both of them. Both of the support groups but the one -- we work with the seniors and they

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are both in group format. The one we work with with the seniors is just so, it's very unique.

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are both in group format. The one we work with with the seniors is just so, it's very unique.

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It's very fulfilling just to be able to serve the seniors in this way, especially during this post pandemic

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It's very fulfilling just to be able to serve the seniors in this way, especially during this post pandemic

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time that we're in now. Just because a lot of them have been housed or not have been able to get

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time that we're in now. Just because a lot of them have been housed or not have been able to get

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out as much as they would like. We've been doing a virtual format which worked really well, I mean,

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out as much as they would like. We've been doing a virtual format which worked really well, I mean,

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because we've incorporated discussions and guest speakers and games and all different kinds of things to make it

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because we've incorporated discussions and guest speakers and games and all different kinds of things to make it

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interactive. We are scheduled to have our first one of our new grant year in the next two

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interactive. We are scheduled to have our first one of our new grant year in the next two

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weeks and we're going to try to do an in person and hopefully it will go well.

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weeks and we're going to try to do an in person and hopefully it will go well.

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This will be the first in person one since COVID, just to be kind of meet and greet.

00:13:04.000 --> 00:13:12.000

This will be the first in person one since COVID, just to be kind of meet and greet.

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We're going to lunch and have a guest speaker on Medicare. Because we find that or have found

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We're going to lunch and have a guest speaker on Medicare. Because we find that or have found

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that a lot of our consumers don't have Medicare, are in need of it just because they don't have, they are not

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that a lot of our consumers don't have Medicare, are in need of it just because they don't have, they are not

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familiar with it and are not knowledgeable about it. But hoping that it goes well.

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familiar with it and are not knowledgeable about it. But hoping that it goes well.

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But as our consumers request peer support needs individually, we try to accommodate those as well.

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But as our consumers request peer support needs individually, we try to accommodate those as well.

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>> LINDA POGUE: Thank you Renota. I appreciate that. It sounds like you're really enjoying

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>> LINDA POGUE: Thank you Renota. I appreciate that. It sounds like you're really enjoying

00:13:50.000 --> 00:13:51.000

the group and that's always great. How do you measure the success? How do you know that they are successful

00:13:51.000 --> 00:13:57.000

the group and that's always great. How do you measure the success? How do you know that they are successful

00:13:57.000 --> 00:13:58.000

groups? What kind of feedback do you get from the participants? >> RENOTA: Our participants are like

00:13:58.000 --> 00:14:01.000

groups? What kind of feedback do you get from the participants? >> RENOTA: Our participants are like

00:14:01.000 --> 00:14:02.000

very vocal. And so, you know, we'll just ask them.

00:14:02.000 --> 00:14:06.000

very vocal. And so, you know, we'll just ask them.

00:14:06.000 --> 00:14:07.000

We ask them for their input a lot. What discussions they would like to have.

00:14:07.000 --> 00:14:13.000

We ask them for their input a lot. What discussions they would like to have.

00:14:13.000 --> 00:14:14.000

What activities or events they would like to do and they are very vocal with just letting us know, kind of,

00:14:14.000 --> 00:14:26.000

What activities or events they would like to do and they are very vocal with just letting us know, kind of,

00:14:26.000 --> 00:14:27.000

you know, if they are happy -- I kind of -- we kind of got the identity because we took a break.

00:14:27.000 --> 00:14:33.000

you know, if they are happy -- I kind of -- we kind of got the identity because we took a break.

00:14:33.000 --> 00:14:34.000

They are very vocal with letting us know and we encourage and love that because we want to hear back from

00:14:34.000 --> 00:14:40.000

They are very vocal with letting us know and we encourage and love that because we want to hear back from

00:14:40.000 --> 00:14:41.000

them, whether it's good or if it's bad because it's helping us to improve either way.

00:14:41.000 --> 00:14:49.000

them, whether it's good or if it's bad because it's helping us to improve either way.

00:14:49.000 --> 00:14:50.000

>> LINDA POGUE: And can I ask a question of you -- do you think of these groups as primarily peer support

00:14:50.000 --> 00:15:00.000

>> LINDA POGUE: And can I ask a question of you -- do you think of these groups as primarily peer support

00:15:00.000 --> 00:15:01.000

or as a combination of peer support and Independent Living skills or how do you see -- how do you see that fitting

00:15:01.000 --> 00:15:06.000

or as a combination of peer support and Independent Living skills or how do you see -- how do you see that fitting

00:15:06.000 --> 00:15:07.000

together though? >> RENOTA: I think it's both. I think it's a little bit of both

00:15:07.000 --> 00:15:12.000

together though? >> RENOTA: I think it's both. I think it's a little bit of both

00:15:12.000 --> 00:15:13.000

because it is peer support for them. Especially the seniors, they really need it.

00:15:13.000 --> 00:15:18.000

because it is peer support for them. Especially the seniors, they really need it.

00:15:18.000 --> 00:15:19.000

But also the other too. Because often times we will have individuals that will come in and talk

00:15:19.000 --> 00:15:27.000

But also the other too. Because often times we will have individuals that will come in and talk

00:15:27.000 --> 00:15:28.000

about things that, you know, that they are really, the seniors are really wanting to have more information or be

00:15:28.000 --> 00:15:30.000

about things that, you know, that they are really, the seniors are really wanting to have more information or be

00:15:30.000 --> 00:15:31.000

knowledgeable of. I think it's a little bit of both. >> LINDA POGUE: Thank you.

00:15:31.000 --> 00:15:35.000

knowledgeable of. I think it's a little bit of both. >> LINDA POGUE: Thank you.

00:15:35.000 --> 00:15:36.000

I appreciate that. >> KYLE KLEIST: Yes. You bring up a wonderful appointed.

00:15:36.000 --> 00:15:47.000

I appreciate that. >> KYLE KLEIST: Yes. You bring up a wonderful appointed.

00:15:47.000 --> 00:15:48.000

A lot of centered are developing almost disability specific groups. At one time our center had a chapter

00:15:48.000 --> 00:15:56.000

A lot of centered are developing almost disability specific groups. At one time our center had a chapter

00:15:56.000 --> 00:15:57.000

for the self-help for Hard of Hearing group that I'm sorry to say kind of dwindled over time and went away.

00:15:57.000 --> 00:16:15.000

for the self-help for Hard of Hearing group that I'm sorry to say kind of dwindled over time and went away.

00:16:15.000 --> 00:16:16.000

It was kind of as you say, Linda, social skills and peer support. >> LINDA POGUE: Does anyone have

00:16:16.000 --> 00:16:21.000

It was kind of as you say, Linda, social skills and peer support. >> LINDA POGUE: Does anyone have

00:16:21.000 --> 00:16:22.000

anything else? >> AERIUS FRANKLIN: We have a question in the Q&A box.

00:16:22.000 --> 00:16:26.000

anything else? >> AERIUS FRANKLIN: We have a question in the Q&A box.

00:16:26.000 --> 00:16:27.000

>> LINDA POGUE: Would you like to share it for us, please? >> AERIUS FRANKLIN: Wyoming

00:16:27.000 --> 00:16:34.000

>> LINDA POGUE: Would you like to share it for us, please? >> AERIUS FRANKLIN: Wyoming

00:16:34.000 --> 00:16:35.000

Independent Living has focused on changing its peer support to two more groups activities via Zoom and now

00:16:35.000 --> 00:16:43.000

Independent Living has focused on changing its peer support to two more groups activities via Zoom and now

00:16:43.000 --> 00:16:44.000

along with coming into our centers we have renamed all to make them more exciting and have made them more

00:16:44.000 --> 00:16:48.000

along with coming into our centers we have renamed all to make them more exciting and have made them more

00:16:48.000 --> 00:16:49.000

consistent and interactive. Seems more of a comment but I'm not sure so.

00:16:49.000 --> 00:16:51.000

consistent and interactive. Seems more of a comment but I'm not sure so.

00:16:51.000 --> 00:16:52.000

>> LINDA POGUE: That's appreciated. Thank you, Aerius. Yes.

00:16:52.000 --> 00:16:57.000

>> LINDA POGUE: That's appreciated. Thank you, Aerius. Yes.

00:16:57.000 --> 00:16:58.000

I would love to hear what the new names you are calling things to sharpen things up.

00:16:58.000 --> 00:17:05.000

I would love to hear what the new names you are calling things to sharpen things up.

00:17:05.000 --> 00:17:06.000

That would be very interesting. >> KYLE KLEIST: You bring up a great point as far as hearing from those

00:17:06.000 --> 00:17:12.000

That would be very interesting. >> KYLE KLEIST: You bring up a great point as far as hearing from those

00:17:12.000 --> 00:17:13.000

interest living centers that have predominantly rural living areas like Wyoming.

00:17:13.000 --> 00:17:22.000

interest living centers that have predominantly rural living areas like Wyoming.

00:17:22.000 --> 00:17:23.000

Linda brought up the issue of geography that can create problems when you're doing peer support.

00:17:23.000 --> 00:17:27.000

Linda brought up the issue of geography that can create problems when you're doing peer support.

00:17:27.000 --> 00:17:28.000

>> LINDA POGUE: Did I see another question or comment pop up? >> AERIUS FRANKLIN: Not at this time,

00:17:28.000 --> 00:17:33.000

>> LINDA POGUE: Did I see another question or comment pop up? >> AERIUS FRANKLIN: Not at this time,

00:17:33.000 --> 00:17:34.000

I'm not seeing any. >> LINDA POGUE: That's fine. That's more than fine.

00:17:34.000 --> 00:17:38.000

I'm not seeing any. >> LINDA POGUE: That's fine. That's more than fine.

00:17:38.000 --> 00:17:39.000

>> KYLE KLEIST: All right. >> LINDA POGUE: Thank you Renota. Thank you very much.

00:17:39.000 --> 00:17:45.000

>> KYLE KLEIST: All right. >> LINDA POGUE: Thank you Renota. Thank you very much.

00:17:45.000 --> 00:17:46.000

Lovely peer support in action there and how do we know what we're doing if we can't see it in support with other

00:17:46.000 --> 00:17:51.000

Lovely peer support in action there and how do we know what we're doing if we can't see it in support with other

00:17:51.000 --> 00:17:52.000

people. Thanks. Should we take a look at what else is

00:17:52.000 --> 00:18:07.000

people. Thanks. Should we take a look at what else is

00:18:07.000 --> 00:18:08.000

going on on our slides. >> ABBY: Jo ele who sent in Q&A raised her hand and then also Samantha

00:18:08.000 --> 00:18:13.000

going on on our slides. >> ABBY: Jo ele who sent in Q&A raised her hand and then also Samantha

00:18:13.000 --> 00:18:14.000

Nicoles also. >> LINDA POGUE: Lovely. Do you want to help them speak with

00:18:14.000 --> 00:18:22.000

Nicoles also. >> LINDA POGUE: Lovely. Do you want to help them speak with

00:18:22.000 --> 00:18:23.000

us? >> JOELL: This is Joelle -- we'll be talking about new names that with he

00:18:23.000 --> 00:18:32.000

us? >> JOELL: This is Joelle -- we'll be talking about new names that with he

00:18:32.000 --> 00:18:33.000

have that we're presenting on Wednesday and about what we did during COVID and hoe we readjusted our peer support

00:18:33.000 --> 00:18:39.000

have that we're presenting on Wednesday and about what we did during COVID and hoe we readjusted our peer support

00:18:39.000 --> 00:18:40.000

groups. But one of the groups that we had was simply called disability peer support group and it was across

00:18:40.000 --> 00:18:49.000

groups. But one of the groups that we had was simply called disability peer support group and it was across

00:18:49.000 --> 00:18:50.000

disabilities and we changed that now to disability connection. And that's made a big difference in

00:18:50.000 --> 00:18:55.000

disabilities and we changed that now to disability connection. And that's made a big difference in

00:18:55.000 --> 00:18:56.000

how people actually look at it now and want to learn more about it just by the name.

00:18:56.000 --> 00:19:03.000

how people actually look at it now and want to learn more about it just by the name.

00:19:03.000 --> 00:19:04.000

>> LINDA POGUE: Interesting. >> JOELLE: That's really important. >> LINDA POGUE: Sorry, I didn't mean

00:19:04.000 --> 00:19:08.000

>> LINDA POGUE: Interesting. >> JOELLE: That's really important. >> LINDA POGUE: Sorry, I didn't mean

00:19:08.000 --> 00:19:09.000

to speak over you. Yes, interesting. Makes me think or reminding necessity,

00:19:09.000 --> 00:19:16.000

to speak over you. Yes, interesting. Makes me think or reminding necessity,

00:19:16.000 --> 00:19:17.000

I should say, that lots of people are unsure what peer support means and sometimes renaming it might help

00:19:17.000 --> 00:19:21.000

I should say, that lots of people are unsure what peer support means and sometimes renaming it might help

00:19:21.000 --> 00:19:22.000

people to have a clear notion. Thank you. >> KYLE KLEIST: Was there somebody

00:19:22.000 --> 00:19:34.000

people to have a clear notion. Thank you. >> KYLE KLEIST: Was there somebody

00:19:34.000 --> 00:19:35.000

else that had a hand raised as well? >> SAMANTHA: Can you hear me? I'm from Tri County Independent Living.

00:19:35.000 --> 00:19:52.000

else that had a hand raised as well? >> SAMANTHA: Can you hear me? I'm from Tri County Independent Living.

00:19:52.000 --> 00:19:53.000

We're an organization that serves -- DelMar and Trinity County in Northern California. The person who runs our

00:19:53.000 --> 00:19:57.000

We're an organization that serves -- DelMar and Trinity County in Northern California. The person who runs our

00:19:57.000 --> 00:19:58.000

current peer support is our Disability Advocate and I don't run that program.

00:19:58.000 --> 00:20:09.000

current peer support is our Disability Advocate and I don't run that program.

00:20:09.000 --> 00:20:10.000

program I don't run the program and I don't know a lot of what they do in the meetings but I necessity they do

00:20:10.000 --> 00:20:19.000

program I don't run the program and I don't know a lot of what they do in the meetings but I necessity they do

00:20:19.000 --> 00:20:20.000

it over Zoom and it's kind of a group setting. There's multiple people that come in and my colleague Alyssa goes

00:20:20.000 --> 00:20:24.000

it over Zoom and it's kind of a group setting. There's multiple people that come in and my colleague Alyssa goes

00:20:24.000 --> 00:20:25.000

to great length to bring them into different center activities. For example we're going to be bringing

00:20:25.000 --> 00:20:36.000

to great length to bring them into different center activities. For example we're going to be bringing

00:20:36.000 --> 00:20:37.000

in peer support group members to do pumpkin carving with us for the CIFLC pumpkin carving contest which willing

00:20:37.000 --> 00:20:48.000

in peer support group members to do pumpkin carving with us for the CIFLC pumpkin carving contest which willing

00:20:48.000 --> 00:20:49.000

fun. I myself am trying to set up a support group for youth above Humboldt and

00:20:49.000 --> 00:20:55.000

fun. I myself am trying to set up a support group for youth above Humboldt and

00:20:55.000 --> 00:20:56.000

it's very rural and I'm worried about the challenge of getting people to come and I'm electrocution excited to

00:20:56.000 --> 00:21:01.000

it's very rural and I'm worried about the challenge of getting people to come and I'm electrocution excited to

00:21:01.000 --> 00:21:02.000

learn more about how peer support groups work because I don't have a lot of experience running them and any

00:21:02.000 --> 00:21:14.000

learn more about how peer support groups work because I don't have a lot of experience running them and any

00:21:14.000 --> 00:21:15.000

[really excited] I'm sighting to learn today. >> KYLE KLEIST: Thank you Samantha.

00:21:15.000 --> 00:21:18.000

[really excited] I'm sighting to learn today. >> KYLE KLEIST: Thank you Samantha.

00:21:18.000 --> 00:21:19.000

>> LINDA POGUE: Yes, thank you Samantha. Are you thinking the group you would

00:21:19.000 --> 00:21:28.000

>> LINDA POGUE: Yes, thank you Samantha. Are you thinking the group you would

00:21:28.000 --> 00:21:29.000

like to facilitate would be over Zoom or in person? >> SAMANTHA: Give me one second.

00:21:29.000 --> 00:21:35.000

like to facilitate would be over Zoom or in person? >> SAMANTHA: Give me one second.

00:21:35.000 --> 00:21:36.000

Sorry. I muted myself again. I imagine that -- so I wanted to do

00:21:36.000 --> 00:21:43.000

Sorry. I muted myself again. I imagine that -- so I wanted to do

00:21:43.000 --> 00:21:44.000

Zoom because we are still -- since I'm going to be starting at kind of the end of the year I'm weary about COVID

00:21:44.000 --> 00:21:49.000

Zoom because we are still -- since I'm going to be starting at kind of the end of the year I'm weary about COVID

00:21:49.000 --> 00:21:50.000

and things like that and a lot of people in our area also kind of feel that way, it seems.

00:21:50.000 --> 00:22:01.000

and things like that and a lot of people in our area also kind of feel that way, it seems.

00:22:01.000 --> 00:22:02.000

Most of the interactions that I have with just clients are not in person. So I think just taking sort of

00:22:02.000 --> 00:22:09.000

Most of the interactions that I have with just clients are not in person. So I think just taking sort of

00:22:09.000 --> 00:22:10.000

feedback from those experiences. I would probably put it on Zoom. I also had an idea to do a quarterly

00:22:10.000 --> 00:22:18.000

feedback from those experiences. I would probably put it on Zoom. I also had an idea to do a quarterly

00:22:18.000 --> 00:22:19.000

meeting in person if people so choose to come. So that was sort of my vision for it.

00:22:19.000 --> 00:22:24.000

meeting in person if people so choose to come. So that was sort of my vision for it.

00:22:24.000 --> 00:22:25.000

>> LINDA POGUE: Thank you, Samantha. I wonder if there is anybody participating in this wall right now

00:22:25.000 --> 00:22:30.000

>> LINDA POGUE: Thank you, Samantha. I wonder if there is anybody participating in this wall right now

00:22:30.000 --> 00:22:31.000

that has done something similar or is also contemplating how to do that that might let us know.

00:22:31.000 --> 00:22:40.000

that has done something similar or is also contemplating how to do that that might let us know.

00:22:40.000 --> 00:22:41.000

Thank you for bringing up great questions and concerns, Samantha. Anybody else want to say anything

00:22:41.000 --> 00:22:55.000

Thank you for bringing up great questions and concerns, Samantha. Anybody else want to say anything

00:22:55.000 --> 00:22:56.000

before we move on. >> ABBY: Joelle has her hand up again and then Kaylen.

00:22:56.000 --> 00:23:01.000

before we move on. >> ABBY: Joelle has her hand up again and then Kaylen.

00:23:01.000 --> 00:23:02.000

>> LINDA POGUE: Lovely. >> KYLE KLEIST: Thank you. .

00:23:02.000 --> 00:23:08.000

>> LINDA POGUE: Lovely. >> KYLE KLEIST: Thank you. .

00:23:08.000 --> 00:23:09.000

Joelle? >> ABBY: I think it was up from earlier.

00:23:09.000 --> 00:23:17.000

Joelle? >> ABBY: I think it was up from earlier.

00:23:17.000 --> 00:23:18.000

>> So I actually did a youth peer support group [Kaylann] similar to what they were talking about before

00:23:18.000 --> 00:23:25.000

>> So I actually did a youth peer support group [Kaylann] similar to what they were talking about before

00:23:25.000 --> 00:23:26.000

and the only issue that we had running into our school districts was the privacy concern of the students

00:23:26.000 --> 00:23:31.000

and the only issue that we had running into our school districts was the privacy concern of the students

00:23:31.000 --> 00:23:32.000

getting online with us. A lot of districts around us were kind of hesitant doing that, even though

00:23:32.000 --> 00:23:37.000

getting online with us. A lot of districts around us were kind of hesitant doing that, even though

00:23:37.000 --> 00:23:38.000

it's an after school event. There were a legislative body cautious of it.

00:23:38.000 --> 00:23:45.000

it's an after school event. There were a legislative body cautious of it.

00:23:45.000 --> 00:23:46.000

>> LINDA POGUE: Thank you Kaylann for relating that for Samantha who was talking in there in Northern

00:23:46.000 --> 00:23:59.000

>> LINDA POGUE: Thank you Kaylann for relating that for Samantha who was talking in there in Northern

00:23:59.000 --> 00:24:00.000

CalifGood point. Thank you. >> AERIUS FRANKLIN: Linda and Kyle we

00:24:00.000 --> 00:24:10.000

CalifGood point. Thank you. >> AERIUS FRANKLIN: Linda and Kyle we

00:24:10.000 --> 00:24:11.000

do have a question from Hank Bostick. It says does anyone use volunteers to facilitate peer support from one to

00:24:11.000 --> 00:24:15.000

do have a question from Hank Bostick. It says does anyone use volunteers to facilitate peer support from one to

00:24:15.000 --> 00:24:16.000

one. I hope I read that right. >> LINDA POGUE: I didn't quite here

00:24:16.000 --> 00:24:25.000

one. I hope I read that right. >> LINDA POGUE: I didn't quite here

00:24:25.000 --> 00:24:26.000

the end of the question. Does anybody use volunteers to facilitate groups?

00:24:26.000 --> 00:24:35.000

the end of the question. Does anybody use volunteers to facilitate groups?

00:24:35.000 --> 00:24:36.000

>> AERIUS FRANKLIN: Use volunteers to facilitate peer support for one on one? I hope that's the right

00:24:36.000 --> 00:24:37.000

>> AERIUS FRANKLIN: Use volunteers to facilitate peer support for one on one? I hope that's the right

00:24:37.000 --> 00:24:38.000

question. >> LINDA POGUE: Uh-huh. So a great question.

00:24:38.000 --> 00:24:45.000

question. >> LINDA POGUE: Uh-huh. So a great question.

00:24:45.000 --> 00:24:46.000

Are people always using staff when it comes to peer supporting one on one and for running groups or are people

00:24:46.000 --> 00:24:56.000

Are people always using staff when it comes to peer supporting one on one and for running groups or are people

00:24:56.000 --> 00:24:57.000

using volunteers in those capacities or something else? We would be very interested to hear what you're doing

00:24:57.000 --> 00:25:04.000

using volunteers in those capacities or something else? We would be very interested to hear what you're doing

00:25:04.000 --> 00:25:05.000

and what you're making of it and what's going well or isn't going so well. That would be great.

00:25:05.000 --> 00:25:13.000

and what you're making of it and what's going well or isn't going so well. That would be great.

00:25:13.000 --> 00:25:14.000

Thank you for that question and for helping us with that, Aerius. So I'm just seeing in the chat.

00:25:14.000 --> 00:25:22.000

Thank you for that question and for helping us with that, Aerius. So I'm just seeing in the chat.

00:25:22.000 --> 00:25:23.000

Heather was using some stuff and volunteers. Volunteers and consumers.

00:25:23.000 --> 00:25:32.000

Heather was using some stuff and volunteers. Volunteers and consumers.

00:25:32.000 --> 00:25:33.000

As an answer to that. So a range and that's a small sample. >> KYLE KLEIST: Yes.

00:25:33.000 --> 00:25:40.000

As an answer to that. So a range and that's a small sample. >> KYLE KLEIST: Yes.

00:25:40.000 --> 00:25:41.000

Many times people start out as consumers and eventually will transition into being peer support

00:25:41.000 --> 00:25:46.000

Many times people start out as consumers and eventually will transition into being peer support

00:25:46.000 --> 00:25:47.000

volunteers. >> LINDA POGUE: Possibly even staff. >> KYLE KLEIST: Yes.

00:25:47.000 --> 00:25:55.000

volunteers. >> LINDA POGUE: Possibly even staff. >> KYLE KLEIST: Yes.

00:25:55.000 --> 00:25:56.000

>> KYLE KLEIST: So Linda, did you want to move onto the next question, then? >> LINDA POGUE: Yes, I was just

00:25:56.000 --> 00:26:00.000

>> KYLE KLEIST: So Linda, did you want to move onto the next question, then? >> LINDA POGUE: Yes, I was just

00:26:00.000 --> 00:26:01.000

looking -- there was a chat and a couple of other people were saying whether they were primary using staff

00:26:01.000 --> 00:26:06.000

looking -- there was a chat and a couple of other people were saying whether they were primary using staff

00:26:06.000 --> 00:26:07.000

or sometimes using volunteers. It sounds like a range. Maybe that those answers will come up

00:26:07.000 --> 00:26:14.000

or sometimes using volunteers. It sounds like a range. Maybe that those answers will come up

00:26:14.000 --> 00:26:15.000

a little bit more as we talk. So yes our next slide. Why is peer support important and on

00:26:15.000 --> 00:26:21.000

a little bit more as we talk. So yes our next slide. Why is peer support important and on

00:26:21.000 --> 00:26:22.000

it we have the bullets. It's a core service. It's a way to connect perives with

00:26:22.000 --> 00:26:39.000

it we have the bullets. It's a core service. It's a way to connect perives with

00:26:39.000 --> 00:26:40.000

persons with disabilities and do you think peer support is important? Or not? We've got some answers for our

00:26:40.000 --> 00:26:47.000

persons with disabilities and do you think peer support is important? Or not? We've got some answers for our

00:26:47.000 --> 00:26:48.000

who has used Shana is using volunteers via interns and staff for peer support.

00:26:48.000 --> 00:26:58.000

who has used Shana is using volunteers via interns and staff for peer support.

00:26:58.000 --> 00:26:59.000

So yeah why do you think peer pour is important? Anybody want to share an idea or thought?

00:26:59.000 --> 00:27:05.000

So yeah why do you think peer pour is important? Anybody want to share an idea or thought?

00:27:05.000 --> 00:27:06.000

>> KYLE KLEIST: Any Administrators that even want to weigh in, it's time to do the PPR so we need to report

00:27:06.000 --> 00:27:14.000

>> KYLE KLEIST: Any Administrators that even want to weigh in, it's time to do the PPR so we need to report

00:27:14.000 --> 00:27:15.000

those numbers so remember, it is a core service that we need to track. Obviously, that's one of the reasons

00:27:15.000 --> 00:27:21.000

those numbers so remember, it is a core service that we need to track. Obviously, that's one of the reasons

00:27:21.000 --> 00:27:22.000

we do peer support. But beyond it just being a core service is one of the things that

00:27:22.000 --> 00:27:25.000

we do peer support. But beyond it just being a core service is one of the things that

00:27:25.000 --> 00:27:26.000

Linda and I were looking to have a discussion on. >> LINDA POGUE: Yes.

00:27:26.000 --> 00:27:30.000

Linda and I were looking to have a discussion on. >> LINDA POGUE: Yes.

00:27:30.000 --> 00:27:31.000

It's vital to have people who have been there and done that and have similar experiences.

00:27:31.000 --> 00:27:37.000

It's vital to have people who have been there and done that and have similar experiences.

00:27:37.000 --> 00:27:38.000

I'm just reading the class. Embraces lived experience which is all of us in this community share.

00:27:38.000 --> 00:27:46.000

I'm just reading the class. Embraces lived experience which is all of us in this community share.

00:27:46.000 --> 00:27:47.000

I think it's foundational says somebody else. I think it helps people see that they aren't alone and having peer

00:27:47.000 --> 00:27:57.000

I think it's foundational says somebody else. I think it helps people see that they aren't alone and having peer

00:27:57.000 --> 00:27:58.000

support makes it quite easier and I can't read and I'm not quite good at keeping up with the chat along with

00:27:58.000 --> 00:28:04.000

support makes it quite easier and I can't read and I'm not quite good at keeping up with the chat along with

00:28:04.000 --> 00:28:05.000

talking, apparently. Potentially, when I think about why is peer support important? It is because

00:28:05.000 --> 00:28:10.000

talking, apparently. Potentially, when I think about why is peer support important? It is because

00:28:10.000 --> 00:28:11.000

you just have to look at the disability community history to think about what happens when there isn't peer

00:28:11.000 --> 00:28:16.000

you just have to look at the disability community history to think about what happens when there isn't peer

00:28:16.000 --> 00:28:17.000

support. We have a history, do we not, of people without disabilities telling

00:28:17.000 --> 00:28:22.000

support. We have a history, do we not, of people without disabilities telling

00:28:22.000 --> 00:28:23.000

those of us with disabilities what to do, how to live our lives, making every decision for us.

00:28:23.000 --> 00:28:30.000

those of us with disabilities what to do, how to live our lives, making every decision for us.

00:28:30.000 --> 00:28:31.000

So I know that there's various things coming in from the chat and I would love to know what those comments are.

00:28:31.000 --> 00:28:38.000

So I know that there's various things coming in from the chat and I would love to know what those comments are.

00:28:38.000 --> 00:28:39.000

I don't know if you're in a position, Aeries, to help us with that. Because they are coming in thick and

00:28:39.000 --> 00:28:43.000

I don't know if you're in a position, Aeries, to help us with that. Because they are coming in thick and

00:28:43.000 --> 00:28:44.000

fast now and that's wonderful. This is a group of people with something to say.

00:28:44.000 --> 00:28:47.000

fast now and that's wonderful. This is a group of people with something to say.

00:28:47.000 --> 00:28:48.000

>> KYLE KLEIST: Yes, it is. >> AERIUS FRANKLIN: This is Aeries and I'm trying to keep up with the

00:28:48.000 --> 00:28:56.000

>> KYLE KLEIST: Yes, it is. >> AERIUS FRANKLIN: This is Aeries and I'm trying to keep up with the

00:28:56.000 --> 00:28:57.000

chat as well. Going back close to the top starting the conversation it was from Maisy

00:28:57.000 --> 00:29:01.000

chat as well. Going back close to the top starting the conversation it was from Maisy

00:29:01.000 --> 00:29:02.000

says it's important because of own personal experience with the disability and relating to it.

00:29:02.000 --> 00:29:11.000

says it's important because of own personal experience with the disability and relating to it.

00:29:11.000 --> 00:29:12.000

Hansel says it gives people an example to follow that shows successful people with disabilities.

00:29:12.000 --> 00:29:18.000

Hansel says it gives people an example to follow that shows successful people with disabilities.

00:29:18.000 --> 00:29:19.000

Jake Morris says a lot of fought feel more comfortable with people their own age, especially when they have a

00:29:19.000 --> 00:29:27.000

Jake Morris says a lot of fought feel more comfortable with people their own age, especially when they have a

00:29:27.000 --> 00:29:28.000

similar disability and allows them to build fore of a genuine connection and Andy says hey everyone this is Andy

00:29:28.000 --> 00:29:39.000

similar disability and allows them to build fore of a genuine connection and Andy says hey everyone this is Andy

00:29:39.000 --> 00:29:40.000

and I've been a chairman in my COC youth leadership community and I've been helping my peers learning what is

00:29:40.000 --> 00:29:46.000

and I've been a chairman in my COC youth leadership community and I've been helping my peers learning what is

00:29:46.000 --> 00:29:47.000

happening in their centers. And then the chat going from there, just introductions and then from

00:29:47.000 --> 00:29:54.000

happening in their centers. And then the chat going from there, just introductions and then from

00:29:54.000 --> 00:29:55.000

Caroli ne Scott it says especially in rural communities, people with disabilities can be isolated with peer

00:29:55.000 --> 00:30:03.000

Caroli ne Scott it says especially in rural communities, people with disabilities can be isolated with peer

00:30:03.000 --> 00:30:04.000

support. People can be reminded that they are not alone and that's the end of the

00:30:04.000 --> 00:30:06.000

support. People can be reminded that they are not alone and that's the end of the

00:30:06.000 --> 00:30:07.000

chat. >> LINDA POGUE: Nice work, Aerius. Thank you so much for working so hard

00:30:07.000 --> 00:30:11.000

chat. >> LINDA POGUE: Nice work, Aerius. Thank you so much for working so hard

00:30:11.000 --> 00:30:12.000

for us. As I say, the first thing that comes to my mind is that I think we've had

00:30:12.000 --> 00:30:15.000

for us. As I say, the first thing that comes to my mind is that I think we've had

00:30:15.000 --> 00:30:16.000

enough of other people telling us what to do. We as a community.

00:30:16.000 --> 00:30:22.000

enough of other people telling us what to do. We as a community.

00:30:22.000 --> 00:30:23.000

We know we are the expert inside our own lives and it's for us to determine our world.

00:30:23.000 --> 00:30:28.000

We know we are the expert inside our own lives and it's for us to determine our world.

00:30:28.000 --> 00:30:29.000

But that's something that could be very tricky if you're living in a world that doesn't think you can.

00:30:29.000 --> 00:30:37.000

But that's something that could be very tricky if you're living in a world that doesn't think you can.

00:30:37.000 --> 00:30:38.000

So therefore, peer support does a wonderful job of supporting us to live the life that we want to live.

00:30:38.000 --> 00:30:47.000

So therefore, peer support does a wonderful job of supporting us to live the life that we want to live.

00:30:47.000 --> 00:30:48.000

>> ABBY: Linda, we have a hand up from Samantha and the chat is zooming so I would be happy to readout a couple

00:30:48.000 --> 00:30:55.000

>> ABBY: Linda, we have a hand up from Samantha and the chat is zooming so I would be happy to readout a couple

00:30:55.000 --> 00:30:56.000

more things, Aeriis. We can take turns if you want. >> LINDA POGUE: I think Aeriis has a

00:30:56.000 --> 00:31:00.000

more things, Aeriis. We can take turns if you want. >> LINDA POGUE: I think Aeriis has a

00:31:00.000 --> 00:31:01.000

difficult task. Yes please. >> ABBY: People in rural communities

00:31:01.000 --> 00:31:05.000

difficult task. Yes please. >> ABBY: People in rural communities

00:31:05.000 --> 00:31:06.000

can be isolated with peer support and people can be reminded that they are not alone.

00:31:06.000 --> 00:31:15.000

can be isolated with peer support and people can be reminded that they are not alone.

00:31:15.000 --> 00:31:16.000

Monthly virtual peer group on Zoom called coffee tea and me. It's important because it's important

00:31:16.000 --> 00:31:23.000

Monthly virtual peer group on Zoom called coffee tea and me. It's important because it's important

00:31:23.000 --> 00:31:24.000

for people with cross disabilities to connect and speak their voice on different topics and important for

00:31:24.000 --> 00:31:33.000

for people with cross disabilities to connect and speak their voice on different topics and important for

00:31:33.000 --> 00:31:34.000

people who are not able to travel and have limited mobility. It's difficult for connecting people

00:31:34.000 --> 00:31:40.000

people who are not able to travel and have limited mobility. It's difficult for connecting people

00:31:40.000 --> 00:31:41.000

matching requests as well as with personality traits requested. To me peer support is more about

00:31:41.000 --> 00:31:45.000

matching requests as well as with personality traits requested. To me peer support is more about

00:31:45.000 --> 00:31:46.000

shared experiences, interests, or goals. I think peer support goes hand in hand

00:31:46.000 --> 00:31:55.000

shared experiences, interests, or goals. I think peer support goes hand in hand

00:31:55.000 --> 00:31:56.000

with cross disability programs and the independence that makes the independence movement stronger.

00:31:56.000 --> 00:32:02.000

with cross disability programs and the independence that makes the independence movement stronger.

00:32:02.000 --> 00:32:03.000

We talk about topics that are important to young people with disabilities. I have peer support and it helps me a

00:32:03.000 --> 00:32:07.000

We talk about topics that are important to young people with disabilities. I have peer support and it helps me a

00:32:07.000 --> 00:32:08.000

lot with things every day and I learn new things every day with my peer support.

00:32:08.000 --> 00:32:18.000

lot with things every day and I learn new things every day with my peer support.

00:32:18.000 --> 00:32:19.000

Give me one second. Let me fix think Mirelle spotlight. And there we go.

00:32:19.000 --> 00:32:26.000

Give me one second. Let me fix think Mirelle spotlight. And there we go.

00:32:26.000 --> 00:32:27.000

>> AERIUS FRANKLIN: This is Aerius and we have a hand up by Ronota shepherd and in the chat
-- peer support is

00:32:27.000 --> 00:32:32.000

>> AERIUS FRANKLIN: This is Aerius and we have a hand up by Ronota shepherd and in the chat
-- peer support is

00:32:32.000 --> 00:32:33.000

important because it helps others to feel empowered when they hear similar experiences from those who have been

00:32:33.000 --> 00:32:39.000

important because it helps others to feel empowered when they hear similar experiences from those who have been

00:32:39.000 --> 00:32:40.000

where they are. Samantha says sorry I had the hand up button up by accident.

00:32:40.000 --> 00:32:46.000

where they are. Samantha says sorry I had the hand up button up by accident.

00:32:46.000 --> 00:32:47.000

Please carry on but Renota shepherd still has a hand up. Thank you.

00:32:47.000 --> 00:32:53.000

Please carry on but Renota shepherd still has a hand up. Thank you.

00:32:53.000 --> 00:32:54.000

>> RENOTA: Thank you. This is Renota again. I I don't drive you crazy.

00:32:54.000 --> 00:33:00.000

>> RENOTA: Thank you. This is Renota again. I I don't drive you crazy.

00:33:00.000 --> 00:33:01.000

This is probably one of the things that I'm most passionate about just because I wish, you know, when I was probably

00:33:01.000 --> 00:33:11.000

This is probably one of the things that I'm most passionate about just because I wish, you know, when I was probably

00:33:11.000 --> 00:33:12.000

younger and probably in school that there was a cerebral palsy support group in place for me.

00:33:12.000 --> 00:33:25.000

younger and probably in school that there was a cerebral palsy support group in place for me.

00:33:25.000 --> 00:33:26.000

But I just wanted to add that I wholeheartedly agree with those comments and often times it's easier

00:33:26.000 --> 00:33:29.000

But I just wanted to add that I wholeheartedly agree with those comments and often times it's easier

00:33:29.000 --> 00:33:30.000

for individuals. We know our family members love us and we know that they support us for the

00:33:30.000 --> 00:33:38.000

for individuals. We know our family members love us and we know that they support us for the

00:33:38.000 --> 00:33:39.000

most part. But sometimes it's even more or just as important to speak to and to hear

00:33:39.000 --> 00:33:45.000

most part. But sometimes it's even more or just as important to speak to and to hear

00:33:45.000 --> 00:33:46.000

what other individuals are going through that have the same disability in common with you.

00:33:46.000 --> 00:33:52.000

what other individuals are going through that have the same disability in common with you.

00:33:52.000 --> 00:33:53.000

It's easier to talk to those individuals sometimes as opposed to talking to family members a lot of

00:33:53.000 --> 00:33:59.000

It's easier to talk to those individuals sometimes as opposed to talking to family members a lot of

00:33:59.000 --> 00:34:00.000

times. You know you just feel more comfortable expressing things with

00:34:00.000 --> 00:34:05.000

times. You know you just feel more comfortable expressing things with

00:34:05.000 --> 00:34:06.000

others in the group. Our group members know that whatever they share, primary, it stays within the group.

00:34:06.000 --> 00:34:21.000

others in the group. Our group members know that whatever they share, primary, it stays within the group.

00:34:21.000 --> 00:34:22.000

Because you, you know, unlike family, you know, you don't have to necessarily worry about individuals

00:34:22.000 --> 00:34:28.000

Because you, you know, unlike family, you know, you don't have to necessarily worry about individuals

00:34:28.000 --> 00:34:29.000

casting judgment on you or giving their opinions but a lot of times these individuals may want our opinions and

00:34:29.000 --> 00:34:36.000

casting judgment on you or giving their opinions but a lot of times these individuals may want our opinions and

00:34:36.000 --> 00:34:37.000

may not and may want someone to listen to them and what they are going through at the time.

00:34:37.000 --> 00:34:43.000

may not and may want someone to listen to them and what they are going through at the time.

00:34:43.000 --> 00:34:44.000

One of the coolest things about it is that you're not with family and friends that you talk to and interact

00:34:44.000 --> 00:34:47.000

One of the coolest things about it is that you're not with family and friends that you talk to and interact

00:34:47.000 --> 00:34:48.000

with all the time. >> KYLE KLEIST: Thank you. Those are wonderful comments.

00:34:48.000 --> 00:34:55.000

with all the time. >> KYLE KLEIST: Thank you. Those are wonderful comments.

00:34:55.000 --> 00:34:56.000

Everyone, across the board, I love those that talked about connecting people in rural areas.

00:34:56.000 --> 00:35:11.000

Everyone, across the board, I love those that talked about connecting people in rural areas.

00:35:11.000 --> 00:35:12.000

For those of you, my center is located about an hour straight east of Minneapolis and it's a really rural

00:35:12.000 --> 00:35:17.000

For those of you, my center is located about an hour straight east of Minneapolis and it's a really rural

00:35:17.000 --> 00:35:18.000

center connecting people and getting on the whole point of lived experience and stuff.

00:35:18.000 --> 00:35:28.000

center connecting people and getting on the whole point of lived experience and stuff.

00:35:28.000 --> 00:35:29.000

As a man with a spinal cord injury. I'm a paraplegic and use a manual wheelchair for 30 years.

00:35:29.000 --> 00:35:36.000

As a man with a spinal cord injury. I'm a paraplegic and use a manual wheelchair for 30 years.

00:35:36.000 --> 00:35:37.000

I've had an opportunity to share my lived experience and a lot of it was goal specific.

00:35:37.000 --> 00:35:43.000

I've had an opportunity to share my lived experience and a lot of it was goal specific.

00:35:43.000 --> 00:35:44.000

Working with one gentleman whoal he wanted to do was get hand controls for his vehicle and go through that

00:35:44.000 --> 00:35:48.000

Working with one gentleman whoal he wanted to do was get hand controls for his vehicle and go through that

00:35:48.000 --> 00:35:49.000

process. Another one was looking into recreation and adaptive wheelchairs.

00:35:49.000 --> 00:35:54.000

process. Another one was looking into recreation and adaptive wheelchairs.

00:35:54.000 --> 00:35:55.000

So a lot of times it could be real goal specific as far as what peer mentoring it is.

00:35:55.000 --> 00:35:58.000

So a lot of times it could be real goal specific as far as what peer mentoring it is.

00:35:58.000 --> 00:35:59.000

But I loved all the comments about connecting people with lived experience.

00:35:59.000 --> 00:36:08.000

But I loved all the comments about connecting people with lived experience.

00:36:08.000 --> 00:36:09.000

It's so wonderful to hear because for me that really is a lot of what peer support is about.

00:36:09.000 --> 00:36:15.000

It's so wonderful to hear because for me that really is a lot of what peer support is about.

00:36:15.000 --> 00:36:16.000

>> LINDA POGUE: This is Linda. Thank you Kyle. Some of that lived experience came

00:36:16.000 --> 00:36:19.000

>> LINDA POGUE: This is Linda. Thank you Kyle. Some of that lived experience came

00:36:19.000 --> 00:36:20.000

hard earned. It was dealing with a lot of challenges and when we have been

00:36:20.000 --> 00:36:29.000

hard earned. It was dealing with a lot of challenges and when we have been

00:36:29.000 --> 00:36:30.000

through something like that he we love to think we can being useful to somebody else and it wasn't just a

00:36:30.000 --> 00:36:35.000

through something like that he we love to think we can being useful to somebody else and it wasn't just a

00:36:35.000 --> 00:36:36.000

futile experience for ourselves but it was meaningful to share with other people and that goes back to the comments

00:36:36.000 --> 00:36:41.000

futile experience for ourselves but it was meaningful to share with other people and that goes back to the comments

00:36:41.000 --> 00:36:42.000

about peer support being mutually beneficial. That it's not just about supporting

00:36:42.000 --> 00:36:47.000

about peer support being mutually beneficial. That it's not just about supporting

00:36:47.000 --> 00:36:48.000

someone but it's not connecting with someone in a way that can be supportive of the person who is

00:36:48.000 --> 00:36:52.000

someone but it's not connecting with someone in a way that can be supportive of the person who is

00:36:52.000 --> 00:36:53.000

wanting to do the supporting. They can also benefit from the relationship.

00:36:53.000 --> 00:37:05.000

wanting to do the supporting. They can also benefit from the relationship.

00:37:05.000 --> 00:37:06.000

>> AERIUS FRANKLIN: Linda and Kyle few things. We did have a hand up but it's gone

00:37:06.000 --> 00:37:12.000

>> AERIUS FRANKLIN: Linda and Kyle few things. We did have a hand up but it's gone

00:37:12.000 --> 00:37:13.000

now. And men Maria Cordova said during the pandemic lock down one of our rural

00:37:13.000 --> 00:37:23.000

now. And men Maria Cordova said during the pandemic lock down one of our rural

00:37:23.000 --> 00:37:24.000

areas had the veteran peer support group and TBI peer support group combine and meet virtually and the

00:37:24.000 --> 00:37:30.000

areas had the veteran peer support group and TBI peer support group combine and meet virtually and the

00:37:30.000 --> 00:37:31.000

group members were able to expand their social circle and hear new experiences and bond over shared experiences and

00:37:31.000 --> 00:37:36.000

group members were able to expand their social circle and hear new experiences and bond over shared experiences and

00:37:36.000 --> 00:37:37.000

help each other in new ways. Mary says what a great way to build community.

00:37:37.000 --> 00:37:42.000

help each other in new ways. Mary says what a great way to build community.

00:37:42.000 --> 00:37:43.000

And that's it for the chat. I have no questions right now or no hands up.

00:37:43.000 --> 00:37:50.000

And that's it for the chat. I have no questions right now or no hands up.

00:37:50.000 --> 00:37:51.000

>> LINDA POGUE: Uh-huh. Take a slight breather, Aerius. Thank you for being on top of all of

00:37:51.000 --> 00:37:56.000

>> LINDA POGUE: Uh-huh. Take a slight breather, Aerius. Thank you for being on top of all of

00:37:56.000 --> 00:37:57.000

that. I just want to repeat the last comment about how do we make community we

00:37:57.000 --> 00:38:00.000

that. I just want to repeat the last comment about how do we make community we

00:38:00.000 --> 00:38:01.000

connect with one another and doing that through shared experiences or shared goals and aspirations.

00:38:01.000 --> 00:38:07.000

connect with one another and doing that through shared experiences or shared goals and aspirations.

00:38:07.000 --> 00:38:08.000

That's beautiful. Thank you. Terrific.

00:38:08.000 --> 00:38:13.000

That's beautiful. Thank you. Terrific.

00:38:13.000 --> 00:38:14.000

Anybody else want to say anything at this point? >> AERIUS FRANKLIN: We have a few

00:38:14.000 --> 00:38:22.000

Anybody else want to say anything at this point? >> AERIUS FRANKLIN: We have a few

00:38:22.000 --> 00:38:23.000

more comments. >> LINDA POGUE: Great Chris yeah. >> AERIUS FRANKLIN: It's like once

00:38:23.000 --> 00:38:29.000

more comments. >> LINDA POGUE: Great Chris yeah. >> AERIUS FRANKLIN: It's like once

00:38:29.000 --> 00:38:30.000

you ask a question they get going. I believe it's Hensel. I hope I'm saying that right.

00:38:30.000 --> 00:38:37.000

you ask a question they get going. I believe it's Hensel. I hope I'm saying that right.

00:38:37.000 --> 00:38:38.000

Peer support is group for neurodivergent people too. As an autistic person it is far easier

00:38:38.000 --> 00:38:44.000

Peer support is group for neurodivergent people too. As an autistic person it is far easier

00:38:44.000 --> 00:38:45.000

for me to connect with other autistic people because they understand from the inside how we navigate the world

00:38:45.000 --> 00:38:50.000

for me to connect with other autistic people because they understand from the inside how we navigate the world

00:38:50.000 --> 00:38:51.000

and I don't have to suppress traits as much around that person or worry about educating them or justice myself.

00:38:51.000 --> 00:39:01.000

and I don't have to suppress traits as much around that person or worry about educating them or justice myself.

00:39:01.000 --> 00:39:02.000

Sa sha says that's amazing Maria. And that's is it for the chat right now.

00:39:02.000 --> 00:39:07.000

Sasha says that's amazing Maria. And that's it for the chat right now.

00:39:07.000 --> 00:39:08.000

>> ABBY: We have a hand up from Amanda. >> LINDA POGUE: Go ahead, Amanda.

00:39:08.000 --> 00:39:18.000

>> ABBY: We have a hand up from Amanda. >> LINDA POGUE: Go ahead, Amanda.

00:39:18.000 --> 00:39:19.000

>> AMANDA: I have really loved hearing everyone's opinions on that. In particular I want to add that peer

00:39:19.000 --> 00:39:23.000

>> AMANDA: I have really loved hearing everyone's opinions on that. In particular I want to add that peer

00:39:23.000 --> 00:39:24.000

support isn't important because it is a core service. It is more why is it a core service.

00:39:24.000 --> 00:39:39.000

support isn't important because it is a core service. It is more why is it a core service.

00:39:39.000 --> 00:39:40.000

It is important because not only do we get to interact with others that have experience similar to auro but we

00:39:40.000 --> 00:39:44.000

It is important because not only do we get to interact with others that have experience similar to auro but we

00:39:44.000 --> 00:39:45.000

learn to respect other people with similar experiences and therefore respect ourselves more.

00:39:45.000 --> 00:39:58.000

learn to respect other people with similar experiences and therefore respect ourselves more.

00:39:58.000 --> 00:39:59.000

That social interaction can be great for mental and emotional health and I love that neurodivergence was brought

00:39:59.000 --> 00:40:08.000

That social interaction can be great for mental and emotional health and I love that neurodivergence was brought

00:40:08.000 --> 00:40:09.000

up and I think that's so important. So normalizing your owner experience, if I were to sum it up in a very short

00:40:09.000 --> 00:40:14.000

up and I think that's so important. So normalizing your owner experience, if I were to sum it up in a very short

00:40:14.000 --> 00:40:15.000

blurb, why I think peer support is important. >> KYLE KLEIST: Thank you Amanda.

00:40:15.000 --> 00:40:21.000

blurb, why I think peer support is important. >> KYLE KLEIST: Thank you Amanda.

00:40:21.000 --> 00:40:22.000

Wonderful comment. I'm glad you brought it back to not only that it's a wonderful core

00:40:22.000 --> 00:40:26.000

Wonderful comment. I'm glad you brought it back to not only that it's a wonderful core

00:40:26.000 --> 00:40:27.000

service but why? There's a reason for that. Wonderful explanation as well.

00:40:27.000 --> 00:40:28.000

service but why? There's a reason for that. Wonderful explanation as well.

00:40:28.000 --> 00:40:29.000

Thank you. >> LINDA POGUE: Yes, terrific, Amanda.

00:40:29.000 --> 00:40:37.000

Thank you. >> LINDA POGUE: Yes, terrific, Amanda.

00:40:37.000 --> 00:40:38.000

>> AMANDA: Thank you. >> LINDA POGUE: Respect for oneself and each other in the community is

00:40:38.000 --> 00:40:42.000

>> AMANDA: Thank you. >> LINDA POGUE: Respect for oneself and each other in the community is

00:40:42.000 --> 00:40:43.000

vital, is it not, in order for us to move forward. Thank you very much.

00:40:43.000 --> 00:40:49.000

vital, is it not, in order for us to move forward. Thank you very much.

00:40:49.000 --> 00:40:50.000

>> KYLE KLEIST: Should we move on to the next question, Linda? >> LINDA POGUE: I had something but

00:40:50.000 --> 00:40:54.000

>> KYLE KLEIST: Should we move on to the next question, Linda? >> LINDA POGUE: I had something but

00:40:54.000 --> 00:40:55.000

it came and went so yes, please, let's do. >> KYLE KLEIST: We've gotten to some

00:40:55.000 --> 00:41:00.000

it came and went so yes, please, let's do. >> KYLE KLEIST: We've gotten to some

00:41:00.000 --> 00:41:01.000

of this. What are people doing with individual group -- but wanted to ask some

00:41:01.000 --> 00:41:06.000

of this. What are people doing with individual group -- but wanted to ask some

00:41:06.000 --> 00:41:07.000

questions. With the groups and things like that, with the people -- how are you doing

00:41:07.000 --> 00:41:18.000

questions. With the groups and things like that, with the people -- how are you doing

00:41:18.000 --> 00:41:19.000

it? I would love to hear from folks. Is it Zoom? Virtually, is it Facebook pages? What are some different

00:41:19.000 --> 00:41:25.000

it? I would love to hear from folks. Is it Zoom? Virtually, is it Facebook pages? What are some different

00:41:25.000 --> 00:41:26.000

platforms that you're using for doing virtual stuff and then if you're doing in person, too.

00:41:26.000 --> 00:41:30.000

platforms that you're using for doing virtual stuff and then if you're doing in person, too.

00:41:30.000 --> 00:41:31.000

>> LINDA POGUE: That would be very interesting to me, yes, and hopefully, lots of other people are a part of

00:41:31.000 --> 00:41:36.000

>> LINDA POGUE: That would be very interesting to me, yes, and hopefully, lots of other people are a part of

00:41:36.000 --> 00:41:37.000

this. I think it says we have 75 people here chatting today so lots of

00:41:37.000 --> 00:41:52.000

this. I think it says we have 75 people here chatting today so lots of

00:41:52.000 --> 00:41:53.000

possibilities. Please share. Maybe I could ask you, Kyle, for

00:41:53.000 --> 00:41:56.000

possibilities. Please share. Maybe I could ask you, Kyle, for

00:41:56.000 --> 00:41:57.000

people to get started. Important question about tracking support.

00:41:57.000 --> 00:42:02.000

people to get started. Important question about tracking support.

00:42:02.000 --> 00:42:03.000

How do you go about that in your center? >> KYLE KLEIST: Wonderful.

00:42:03.000 --> 00:42:15.000

How do you go about that in your center? >> KYLE KLEIST: Wonderful.

00:42:15.000 --> 00:42:16.000

How we generally track it, we do have staff. Peer support time, using our MIS

00:42:16.000 --> 00:42:22.000

How we generally track it, we do have staff. Peer support time, using our MIS

00:42:22.000 --> 00:42:23.000

system. And also looking at when we do other events as well that -- so, for

00:42:23.000 --> 00:42:30.000

system. And also looking at when we do other events as well that -- so, for

00:42:30.000 --> 00:42:31.000

instance, I have a staff who is really into Assistive Technology and adaptive gaming which is becoming one of the

00:42:31.000 --> 00:42:35.000

instance, I have a staff who is really into Assistive Technology and adaptive gaming which is becoming one of the

00:42:35.000 --> 00:42:36.000

cool things out there in IL right now. And even for people with disabilities.

00:42:36.000 --> 00:42:47.000

cool things out there in IL right now. And even for people with disabilities.

00:42:47.000 --> 00:42:48.000

But so when she's doing an adaptive gaming event, not only is that kind of like a mentoring thing but it's peer

00:42:48.000 --> 00:42:52.000

But so when she's doing an adaptive gaming event, not only is that kind of like a mentoring thing but it's peer

00:42:52.000 --> 00:42:53.000

support, too. I mean, it's bringing together people with various disabilities so we make

00:42:53.000 --> 00:43:00.000

support, too. I mean, it's bringing together people with various disabilities so we make

00:43:00.000 --> 00:43:01.000

sure to track it that way when we're doing activities. Groups, those type of things that

00:43:01.000 --> 00:43:12.000

sure to track it that way when we're doing activities. Groups, those type of things that

00:43:12.000 --> 00:43:13.000

maybe they are around interest living skills but they also have that peer support component to them as well.

00:43:13.000 --> 00:43:22.000

maybe they are around interest living skills but they also have that peer support component to them as well.

00:43:22.000 --> 00:43:23.000

>> AERIUS FRANKLIN: Kyle and Linda we have comments in the chat and we have someone with their hand up.

00:43:23.000 --> 00:43:29.000

>> AERIUS FRANKLIN: Kyle and Linda we have comments in the chat and we have someone with their hand up.

00:43:29.000 --> 00:43:30.000

I'll read comments first and then we'll go directly to Joelle who has handwrite hand up.

00:43:30.000 --> 00:43:46.000

I'll read comments first and then we'll go directly to Joelle who has handwrite hand up.

00:43:46.000 --> 00:43:47.000

Kaylann says we use Zoom for our peer support group. Sa sha and Hensel are having a

00:43:47.000 --> 00:43:52.000

Kaylann says we use Zoom for our peer support group. Sa sha and Hensel are having a

00:43:52.000 --> 00:43:53.000

conversation amongst themselves about the disabilities that they have. Shana said we use Zoom teleconference

00:43:53.000 --> 00:44:01.000

conversation amongst themselves about the disabilities that they have. Shana said we use Zoom teleconference

00:44:01.000 --> 00:44:02.000

and in person. Maria Cordova says hybrid and in person.

00:44:02.000 --> 00:44:09.000

and in person. Maria Cordova says hybrid and in person.

00:44:09.000 --> 00:44:10.000

in person. Heather Everson said some consumers have peer support as they go that we

00:44:10.000 --> 00:44:14.000

in person. Heather Everson said some consumers have peer support as they go that we

00:44:14.000 --> 00:44:15.000

would like to work on. We use go to meeting and Facebook live.

00:44:15.000 --> 00:44:25.000

would like to work on. We use go to meeting and Facebook live.

00:44:25.000 --> 00:44:26.000

Renota says virtually using a lot of interactive formats and starting in person in the next few weeks.

00:44:26.000 --> 00:44:40.000

Renota says virtually using a lot of interactive formats and starting in person in the next few weeks.

00:44:40.000 --> 00:44:41.000

Google classroom and teams for our Hannah says the -- or Shana says -- excuse me don't kill me in the chat

00:44:41.000 --> 00:44:46.000

Google classroom and teams for our Hannah says the -- or Shana says -- excuse me don't kill me in the chat

00:44:46.000 --> 00:44:47.000

too hard. Says the latter and also Joelle Austin still has her hand up.

00:44:47.000 --> 00:44:54.000

too hard. Says the latter and also Joelle Austin still has her hand up.

00:44:54.000 --> 00:44:55.000

So whenever you're ready, Joelle. Thank you. >> LINDA POGUE: Thank you, Aerius.

00:44:55.000 --> 00:45:12.000

So whenever you're ready, Joelle. Thank you. >> LINDA POGUE: Thank you, Aerius.

00:45:12.000 --> 00:45:13.000

Joelle, are you there. >> JOELLE: Hi this is Joelle from Wyoming Independent Living and I was

00:45:13.000 --> 00:45:19.000

Joelle, are you there. >> JOELLE: Hi this is Joelle from Wyoming Independent Living and I was

00:45:19.000 --> 00:45:20.000

going to say we've been using Zoom throughout the pandemic and now we're opening up to more of a hybrid.

00:45:20.000 --> 00:45:28.000

going to say we've been using Zoom throughout the pandemic and now we're opening up to more of a hybrid.

00:45:28.000 --> 00:45:29.000

We're not going to get rid of our Zoom for our peer support groups but are actually using Owl technology, it's

00:45:29.000 --> 00:45:36.000

We're not going to get rid of our Zoom for our peer support groups but are actually using Owl technology, it's

00:45:36.000 --> 00:45:37.000

called, where we can meet in each of our centers and over Zoom so we have that accessibility open for whoever

00:45:37.000 --> 00:45:45.000

called, where we can meet in each of our centers and over Zoom so we have that accessibility open for whoever

00:45:45.000 --> 00:45:46.000

wants to meet via Zoom or via in person. >> LINDA POGUE: Thank you, Joelle.

00:45:46.000 --> 00:45:53.000

wants to meet via Zoom or via in person. >> LINDA POGUE: Thank you, Joelle.

00:45:53.000 --> 00:45:54.000

I wanted to say a little bit about what's been going on at disABILITY LINK which I say is the center that

00:45:54.000 --> 00:46:06.000

I wanted to say a little bit about what's been going on at disABILITY LINK which I say is the center that

00:46:06.000 --> 00:46:07.000

serves metro Atlanta and it's not that far away and it's a number of Counties that we serve that are not close to

00:46:07.000 --> 00:46:14.000

serves metro Atlanta and it's not that far away and it's a number of Counties that we serve that are not close to

00:46:14.000 --> 00:46:15.000

Atlanta and are quite rural, in fact. Before the pandemic, our Executive Director was adding Zoom to all of our

00:46:15.000 --> 00:46:25.000

Atlanta and are quite rural, in fact. Before the pandemic, our Executive Director was adding Zoom to all of our

00:46:25.000 --> 00:46:26.000

activities so that was a lucky for us or fortunate that staff and consumers were somewhat understanding the use of

00:46:26.000 --> 00:46:33.000

activities so that was a lucky for us or fortunate that staff and consumers were somewhat understanding the use of

00:46:33.000 --> 00:46:34.000

Zoom prior to the pandemic. When obviously, it has proved its worth many, many, many times over.

00:46:34.000 --> 00:46:38.000

Zoom prior to the pandemic. When obviously, it has proved its worth many, many, many times over.

00:46:38.000 --> 00:46:39.000

Yes. So it sounds like people are doing combination of things.

00:46:39.000 --> 00:46:44.000

Yes. So it sounds like people are doing combination of things.

00:46:44.000 --> 00:46:45.000

But am I hearing people saying now we're looking to do some more in person because things have changed

00:46:45.000 --> 00:46:51.000

But am I hearing people saying now we're looking to do some more in person because things have changed

00:46:51.000 --> 00:46:52.000

with regards to the pandemic? That's kind of the flavor as I understand it.

00:46:52.000 --> 00:46:57.000

with regards to the pandemic? That's kind of the flavor as I understand it.

00:46:57.000 --> 00:46:58.000

>> AERIUS FRANKLIN: This is Aerius again. I'm going to read the chat and then I

00:46:58.000 --> 00:47:04.000

>> AERIUS FRANKLIN: This is Aerius again. I'm going to read the chat and then I

00:47:04.000 --> 00:47:05.000

don't know if Joelle still has her hand up because she has an additional comment or information.

00:47:05.000 --> 00:47:08.000

don't know if Joelle still has her hand up because she has an additional comment or information.

00:47:08.000 --> 00:47:09.000

Never mind. It just went down. I'm sorry.

00:47:09.000 --> 00:47:16.000

Never mind. It just went down. I'm sorry.

00:47:16.000 --> 00:47:17.000

Someone from youth lead North Carolina said we do Zoom since we serve across the State.

00:47:17.000 --> 00:47:25.000

Someone from youth lead North Carolina said we do Zoom since we serve across the State.

00:47:25.000 --> 00:47:26.000

I am interested in learning more strategies to increase engagement over Zoom, if anyone wants to share any.

00:47:26.000 --> 00:47:32.000

I am interested in learning more strategies to increase engagement over Zoom, if anyone wants to share any.

00:47:32.000 --> 00:47:33.000

And then Kaylann again says we have found success playing virtual escape rooms.

00:47:33.000 --> 00:47:39.000

And then Kaylann again says we have found success playing virtual escape rooms.

00:47:39.000 --> 00:47:40.000

I want to try that actually. The kids actually love it had around the holidays or different major events

00:47:40.000 --> 00:47:42.000

I want to try that actually. The kids actually love it had around the holidays or different major events

00:47:42.000 --> 00:47:43.000

we have done. We have done different types of rooms.

00:47:43.000 --> 00:47:49.000

we have done. We have done different types of rooms.

00:47:49.000 --> 00:47:50.000

Renota is adding to the comment by saying yes, hoping to do more in person, definitely.

00:47:50.000 --> 00:47:58.000

Renota is adding to the comment by saying yes, hoping to do more in person, definitely.

00:47:58.000 --> 00:47:59.000

Amanda says we use things like jack box games with our youth. Love the virtual escape room idea and

00:47:59.000 --> 00:48:04.000

Amanda says we use things like jack box games with our youth. Love the virtual escape room idea and

00:48:04.000 --> 00:48:05.000

that is all we have in the chat right now. We have no questions, no hands up.

00:48:05.000 --> 00:48:12.000

that is all we have in the chat right now. We have no questions, no hands up.

00:48:12.000 --> 00:48:13.000

>> LINDA POGUE: Well done, Aeries. >> KYLE KLEIST: Behind a I would like to throw it out there to all of the IL

00:48:13.000 --> 00:48:20.000

>> LINDA POGUE: Well done, Aeries. >> KYLE KLEIST: Behind a I would like to throw it out there to all of the IL

00:48:20.000 --> 00:48:21.000

Directors or Coordinators or managers or whatever position/title you go by. But those of you that are responsible

00:48:21.000 --> 00:48:27.000

Directors or Coordinators or managers or whatever position/title you go by. But those of you that are responsible

00:48:27.000 --> 00:48:28.000

for your MIS system and tracking your numbers, I'm going to the last question.

00:48:28.000 --> 00:48:34.000

for your MIS system and tracking your numbers, I'm going to the last question.

00:48:34.000 --> 00:48:35.000

How do you track? Are you having staff track their time? When it comes to really getting at the numbers, how are

00:48:35.000 --> 00:48:39.000

How do you track? Are you having staff track their time? When it comes to really getting at the numbers, how are

00:48:39.000 --> 00:48:40.000

you doing it? >> LINDA POGUE: Yes, we would love hear that.

00:48:40.000 --> 00:48:49.000

you doing it? >> LINDA POGUE: Yes, we would love hear that.

00:48:49.000 --> 00:48:50.000

One thing I would like to reiterate, maybe reflect on some of the things that people have said that I like very

00:48:50.000 --> 00:49:03.000

One thing I would like to reiterate, maybe reflect on some of the things that people have said that I like very

00:49:03.000 --> 00:49:04.000

much and that peer support in whatever form you're doing it can really increase respect for yourself but I

00:49:04.000 --> 00:49:10.000

much and that peer support in whatever form you're doing it can really increase respect for yourself but I

00:49:10.000 --> 00:49:11.000

think it also has a great deal to add to cross disability respect. Understanding other parts of the

00:49:11.000 --> 00:49:17.000

think it also has a great deal to add to cross disability respect. Understanding other parts of the

00:49:17.000 --> 00:49:18.000

disability community. And I think that's a very powerful element that's not necessarily been

00:49:18.000 --> 00:49:26.000

disability community. And I think that's a very powerful element that's not necessarily been

00:49:26.000 --> 00:49:27.000

emphasized until now. Anybody coming in or shall we move onto another topic? Because as soon

00:49:27.000 --> 00:49:35.000

emphasized until now. Anybody coming in or shall we move onto another topic? Because as soon

00:49:35.000 --> 00:49:36.000

as we do that you know we'll have a great number of answers for this one. >> AERIUS FRANKLIN: We do have some

00:49:36.000 --> 00:49:41.000

as we do that you know we'll have a great number of answers for this one. >> AERIUS FRANKLIN: We do have some

00:49:41.000 --> 00:49:42.000

comments in the chat. >> LINDA POGUE: Terrific. >> AERIUS FRANKLIN: It says from

00:49:42.000 --> 00:49:49.000

comments in the chat. >> LINDA POGUE: Terrific. >> AERIUS FRANKLIN: It says from

00:49:49.000 --> 00:49:50.000

Kaylann, yes, Google has many set up and we have found that they are accessible by screen reading

00:49:50.000 --> 00:49:55.000

Kaylann, yes, Google has many set up and we have found that they are accessible by screen reading

00:49:55.000 --> 00:49:56.000

technology. Jake says we tried Zoom and found a big drop in attendance.

00:49:56.000 --> 00:50:09.000

technology. Jake says we tried Zoom and found a big drop in attendance.

00:50:09.000 --> 00:50:10.000

After a c sessions. We were given the all clear to meet in person a few months ago and our

00:50:10.000 --> 00:50:18.000

After a c sessions. We were given the all clear to meet in person a few months ago and our

00:50:18.000 --> 00:50:19.000

attendance is starting to recover. Kaylann says he with use JAWS in response to the comment earlier.

00:50:19.000 --> 00:50:27.000

attendance is starting to recover. Kaylann says he with use JAWS in response to the comment earlier.

00:50:27.000 --> 00:50:28.000

Samantha says like he said earlier is the preferred method for many of our core services, including peer

00:50:28.000 --> 00:50:33.000

Samantha says like he said earlier is the preferred method for many of our core services, including peer

00:50:33.000 --> 00:50:34.000

support. I think in person is a good goal but I personally wouldn't want to rush it.

00:50:34.000 --> 00:50:42.000

support. I think in person is a good goal but I personally wouldn't want to rush it.

00:50:42.000 --> 00:50:43.000

We really want to follow the lead of our clients. And then it says could we have a

00:50:43.000 --> 00:50:54.000

We really want to follow the lead of our clients. And then it says could we have a

00:50:54.000 --> 00:50:55.000

moment to share these games -- Shana said this, I'm sorry. Jack box games et cetera.

00:50:55.000 --> 00:51:03.000

moment to share these games -- Shana said this, I'm sorry. Jack box games et cetera.

00:51:03.000 --> 00:51:04.000

All of -- we take attendance and it is reflected under each goal or activity.

00:51:04.000 --> 00:51:11.000

All of -- we take attendance and it is reflected under each goal or activity.

00:51:11.000 --> 00:51:12.000

Shana said moment, not movement. That is all. No hands up by the way.

00:51:12.000 --> 00:51:20.000

Shana said moment, not movement. That is all. No hands up by the way.

00:51:20.000 --> 00:51:21.000

Remember to put your questions in the Q&A docks as they may get lost in the chat.

00:51:21.000 --> 00:51:29.000

Remember to put your questions in the Q&A docks as they may get lost in the chat.

00:51:29.000 --> 00:51:30.000

Joelle comment in the chat. In real time we track by taking attendance and inputting CIL suite.

00:51:30.000 --> 00:51:38.000

Joelle comment in the chat. In real time we track by taking attendance and inputting CIL suite.

00:51:38.000 --> 00:51:39.000

We also will set up goals for those who are interesting. And that's the end of the chat for

00:51:39.000 --> 00:51:43.000

We also will set up goals for those who are interesting. And that's the end of the chat for

00:51:43.000 --> 00:51:44.000

now. >> KYLE KLEIST: Thank you. So it sounds like a lot of people are

00:51:44.000 --> 00:51:49.000

now. >> KYLE KLEIST: Thank you. So it sounds like a lot of people are

00:51:49.000 --> 00:51:50.000

tracking it using it as a goal for consumers. >> LINDA POGUE: Uh-huh.

00:51:50.000 --> 00:51:54.000

tracking it using it as a goal for consumers. >> LINDA POGUE: Uh-huh.

00:51:54.000 --> 00:51:55.000

You asked a great question. Shall we move on and see what happens?

00:51:55.000 --> 00:51:57.000

You asked a great question. Shall we move on and see what happens?

00:51:57.000 --> 00:51:58.000

>> KYLE KLEIST: Okay. So our next question is around peer support training.

00:51:58.000 --> 00:52:18.000

>> KYLE KLEIST: Okay. So our next question is around peer support training.

00:52:18.000 --> 00:52:19.000

So what sort of training or support do you have in building your peer support programs? Are people out there

00:52:19.000 --> 00:52:24.000

So what sort of training or support do you have in building your peer support programs? Are people out there

00:52:24.000 --> 00:52:25.000

training individuals out there when it comes to superior support? >> LINDA POGUE: It is part of staff

00:52:25.000 --> 00:52:31.000

training individuals out there when it comes to superior support? >> LINDA POGUE: It is part of staff

00:52:31.000 --> 00:52:32.000

or volunteer orientation? Is it a stand alone? Topic for staff meetings? Is it, do people have the

00:52:32.000 --> 00:52:38.000

or volunteer orientation? Is it a stand alone? Topic for staff meetings? Is it, do people have the

00:52:38.000 --> 00:52:39.000

opportunity for refresher trainings or something along those lines? I would love to know what your experience is

00:52:39.000 --> 00:52:53.000

opportunity for refresher trainings or something along those lines? I would love to know what your experience is

00:52:53.000 --> 00:52:54.000

and I would bet the other 103 people on the call would too. >> KYLE KLEIST: Anybody want to raise

00:52:54.000 --> 00:52:57.000

and I would bet the other 103 people on the call would too. >> KYLE KLEIST: Anybody want to raise

00:52:57.000 --> 00:52:58.000

your hand and share some comment inside. >> LINDA POGUE: We would love to hear

00:52:58.000 --> 00:53:04.000

your hand and share some comment inside. >> LINDA POGUE: We would love to hear

00:53:04.000 --> 00:53:05.000

from you. >> ABBY: Menisha says we have an SSI application for professionals training

00:53:05.000 --> 00:53:10.000

from you. >> ABBY: Menisha says we have an SSI application for professionals training

00:53:10.000 --> 00:53:11.000

for the community. Thank you for your great information and knowledge being shared.

00:53:11.000 --> 00:53:23.000

for the community. Thank you for your great information and knowledge being shared.

00:53:23.000 --> 00:53:24.000

And Shana is asking Joelle, where rue entering the peer support attendance in CIL suite.

00:53:24.000 --> 00:53:29.000

And Shana is asking Joelle, where rue entering the peer support attendance in CIL suite.

00:53:29.000 --> 00:53:30.000

>> KYLE KLEIST: Hmm. >> LINDA POGUE: That's the nittggritty there.

00:53:30.000 --> 00:53:34.000

>> KYLE KLEIST: Hmm. >> LINDA POGUE: That's the nittggritty there.

00:53:34.000 --> 00:53:35.000

>> KYLE KLEIST: Yes. >> LINDA POGUE: So following some of the chat we've had so far.

00:53:35.000 --> 00:53:41.000

>> KYLE KLEIST: Yes. >> LINDA POGUE: So following some of the chat we've had so far.

00:53:41.000 --> 00:53:42.000

Sounds like there's a lot of groups happening. So do group facilitators have training

00:53:42.000 --> 00:53:50.000

Sounds like there's a lot of groups happening. So do group facilitators have training

00:53:50.000 --> 00:53:51.000

in facilitation and/or peer support or is that a skill people had already developed and are bringing with them?

00:53:51.000 --> 00:54:03.000

in facilitation and/or peer support or is that a skill people had already developed and are bringing with them?

00:54:03.000 --> 00:54:04.000

>> ABBY: K -- individual orientation training and background checks and monthly check ins.

00:54:04.000 --> 00:54:13.000

>> ABBY: K -- individual orientation training and background checks and monthly check ins.

00:54:13.000 --> 00:54:14.000

>> LINDA POGUE: Thank you. >> ABBY: Intensive facilitator training for IL specialist.

00:54:14.000 --> 00:54:22.000

>> LINDA POGUE: Thank you. >> ABBY: Intensive facilitator training for IL specialist.

00:54:22.000 --> 00:54:23.000

Action plan classes and I am trained through the Copeland center. Hi S hana, we did ours through the

00:54:23.000 --> 00:54:33.000

Action plan classes and I am trained through the Copeland center. Hi S hana, we did ours through the

00:54:33.000 --> 00:54:34.000

group events and had the attendees added via INR and we have done it under community events as well.

00:54:34.000 --> 00:54:37.000

group events and had the attendees added via INR and we have done it under community events as well.

00:54:37.000 --> 00:54:38.000

>> KYLE KLEIST: Goes back to the question of tracking again. Yes.

00:54:38.000 --> 00:54:39.000

>> KYLE KLEIST: Goes back to the question of tracking again. Yes.

00:54:39.000 --> 00:54:40.000

>> LINDA POGUE: Excellent. >> AERIUS FRANKLIN: This is Aeries again.

00:54:40.000 --> 00:54:51.000

>> LINDA POGUE: Excellent. >> AERIUS FRANKLIN: This is Aeries again.

00:54:51.000 --> 00:54:52.000

We also have Patricia McGinnis with her hand up and then in the chat real quick before you go to Patricia we

00:54:52.000 --> 00:55:02.000

We also have Patricia McGinnis with her hand up and then in the chat real quick before you go to Patricia we

00:55:02.000 --> 00:55:03.000

have Katelynn responding to Shana. We did ours under group events and had the attendees as INRs and we have done

00:55:03.000 --> 00:55:11.000

have Katelynn responding to Shana. We did ours under group events and had the attendees as INRs and we have done

00:55:11.000 --> 00:55:12.000

it under community events as well and that's in CIL suites and I reread it just in case.

00:55:12.000 --> 00:55:18.000

it under community events as well and that's in CIL suites and I reread it just in case.

00:55:18.000 --> 00:55:19.000

All right. I'll read the rest of the chat but we'll go to Patricia since she had her

00:55:19.000 --> 00:55:25.000

All right. I'll read the rest of the chat but we'll go to Patricia since she had her

00:55:25.000 --> 00:55:26.000

hand up. >> Patricia: I am from North Carolina and I just recently row lated off of

00:55:26.000 --> 00:55:30.000

hand up. >> Patricia: I am from North Carolina and I just recently row lated off of

00:55:30.000 --> 00:55:31.000

the Independent Living council and there's a lot of different groups doing it different in North Carolina,

00:55:31.000 --> 00:55:39.000

the Independent Living council and there's a lot of different groups doing it different in North Carolina,

00:55:39.000 --> 00:55:40.000

including the Independent Living council does it a little bit different or the Independent Living centers of

00:55:40.000 --> 00:55:44.000

including the Independent Living council does it a little bit different or the Independent Living centers of

00:55:44.000 --> 00:55:45.000

North Carolina do it a little bit different. LM ANC Os that manage our mental

00:55:45.000 --> 00:55:54.000

North Carolina do it a little bit different. LM ANC Os that manage our mental

00:55:54.000 --> 00:55:55.000

health developmental disabilities, TBI, and substance use services which peer support is very big in some of those.

00:55:55.000 --> 00:56:04.000

health developmental disabilities, TBI, and substance use services which peer support is very big in some of those.

00:56:04.000 --> 00:56:05.000

And the Department of Health and human services and UNC school of social work have partnered together and the

00:56:05.000 --> 00:56:10.000

And the Department of Health and human services and UNC school of social work have partnered together and the

00:56:10.000 --> 00:56:11.000

Behavioral Health spring boarded and we have a credential in process where people become certified and there's

00:56:11.000 --> 00:56:17.000

Behavioral Health spring boarded and we have a credential in process where people become certified and there's

00:56:17.000 --> 00:56:18.000

also a way that you can check to see whether a peer support specialist is certified or not and many, many years

00:56:18.000 --> 00:56:25.000

also a way that you can check to see whether a peer support specialist is certified or not and many, many years

00:56:25.000 --> 00:56:26.000

ago and I just do volunteer peer support in my community. But I was in the first class in my

00:56:26.000 --> 00:56:31.000

ago and I just do volunteer peer support in my community. But I was in the first class in my

00:56:31.000 --> 00:56:32.000

area taking peer support and we have a lot of peer support specialists in North Carolina and we also have a lot

00:56:32.000 --> 00:56:39.000

area taking peer support and we have a lot of peer support specialists in North Carolina and we also have a lot

00:56:39.000 --> 00:56:40.000

that are employed, particularly In addition to what they are doing in the Independent Living are centers in the

00:56:40.000 --> 00:56:42.000

that are employed, particularly In addition to what they are doing in the Independent Living are centers in the

00:56:42.000 --> 00:56:43.000

Behavioral Health word and it's very, have I big in North Carolina for that.

00:56:43.000 --> 00:56:47.000

Behavioral Health word and it's very, have I big in North Carolina for that.

00:56:47.000 --> 00:56:48.000

So thank you for allowing me to speak and I appreciate the opportunity to be at this conference.

00:56:48.000 --> 00:56:54.000

So thank you for allowing me to speak and I appreciate the opportunity to be at this conference.

00:56:54.000 --> 00:56:56.000

>> KYLE KLEIST: Thank you, Patricia. >> LINDA POGUE: Thank you, Patricia. >> AERIUS FRANKLIN: We have the chat

00:56:56.000 --> 00:57:02.000

>> KYLE KLEIST: Thank you, Patricia. >> LINDA POGUE: Thank you, Patricia. >> AERIUS FRANKLIN: We have the chat

00:57:02.000 --> 00:57:03.000

come in. I'm telling you, it's like once you guys start to -- that's a great

00:57:03.000 --> 00:57:10.000

come in. I'm telling you, it's like once you guys start to -- that's a great

00:57:10.000 --> 00:57:11.000

session to facilitate, by the way. Just like once you guys start with a question or a comment, the chat just

00:57:11.000 --> 00:57:24.000

session to facilitate, by the way. Just like once you guys start with a question or a comment, the chat just

00:57:24.000 --> 00:57:25.000

goes wild. So this is Tateman responding to Joelle's question about the CIL suites

00:57:25.000 --> 00:57:36.000

goes wild. So this is Tateman responding to Joelle's question about the CIL suites

00:57:36.000 --> 00:57:37.000

reporting. It says -- I mean, sorry. It says this is Sha na asking Joelle

00:57:37.000 --> 00:57:44.000

reporting. It says -- I mean, sorry. It says this is Sha na asking Joelle

00:57:44.000 --> 00:57:45.000

where they entered peer support attendance in ICL suite and at a time man responded and said we do

00:57:45.000 --> 00:57:51.000

where they entered peer support attendance in ICL suite and at a time man responded and said we do

00:57:51.000 --> 00:57:52.000

individual orientation training with background checks and annual background checks and monthly check

00:57:52.000 --> 00:58:01.000

individual orientation training with background checks and annual background checks and monthly check

00:58:01.000 --> 00:58:02.000

ins to see how things are going and Joelle said we have an intensive facilitator training program for IL

00:58:02.000 --> 00:58:08.000

ins to see how things are going and Joelle said we have an intensive facilitator training program for IL

00:58:08.000 --> 00:58:09.000

specialist. I have a -- recovery action plan classes I am training through the

00:58:09.000 --> 00:58:18.000

specialist. I have a -- recovery action plan classes I am training through the

00:58:18.000 --> 00:58:19.000

Copeland center and I am rereading the chat to catch it up. Group events and attendees under INR

00:58:19.000 --> 00:58:24.000

Copeland center and I am rereading the chat to catch it up. Group events and attendees under INR

00:58:24.000 --> 00:58:25.000

and community events as well in CIL suites. Shana says thank you.

00:58:25.000 --> 00:58:34.000

and community events as well in CIL suites. Shana says thank you.

00:58:34.000 --> 00:58:35.000

Joelle says under group events as well. Andy says I just did a program on

00:58:35.000 --> 00:58:42.000

Joelle says under group events as well. Andy says I just did a program on

00:58:42.000 --> 00:58:43.000

APRIL youth called lead on and it at the points us learn on what we can do to help our peer be more advocating

00:58:43.000 --> 00:58:49.000

APRIL youth called lead on and it at the points us learn on what we can do to help our peer be more advocating

00:58:49.000 --> 00:58:50.000

for themselves. Jake Morris said I was a member of my peer support group before I became an

00:58:50.000 --> 00:58:59.000

for themselves. Jake Morris said I was a member of my peer support group before I became an

00:58:59.000 --> 00:59:00.000

employee so I already have a rapport with a lot of the members. I have received supplemental video

00:59:00.000 --> 00:59:18.000

employee so I already have a rapport with a lot of the members. I have received supplemental video

00:59:18.000 --> 00:59:19.000

training and I have my supervisor and mentor Missoula office if I need it. >> KYLE KLEIST:
Thank you.

00:59:19.000 --> 00:59:22.000

training and I have my supervisor and mentor Missoula office if I need it. >> KYLE KLEIST:
Thank you.

00:59:22.000 --> 00:59:23.000

>> LINDA POGUE: Well done, Aerius, fantastic work. Really appreciate it.

00:59:23.000 --> 00:59:32.000

>> LINDA POGUE: Well done, Aerius, fantastic work. Really appreciate it.

00:59:32.000 --> 00:59:33.000

I am specifically interested whether people have received any training/guidance/support around a

00:59:33.000 --> 00:59:35.000

I am specifically interested whether people have received any training/guidance/support around a

00:59:35.000 --> 00:59:36.000

very large element of peer support and that is listening and responding with area.

00:59:36.000 --> 00:59:53.000

very large element of peer support and that is listening and responding with area.

00:59:53.000 --> 00:59:54.000

Is that something that strikes a chord beyond confidentiality and those elements.

00:59:54.000 --> 00:59:59.000

Is that something that strikes a chord beyond confidentiality and those elements.

00:59:59.000 --> 01:00:00.000

Are we listening to people and responding to them? I suspect you are because I hear the comments that

01:00:00.000 --> 01:00:07.000

Are we listening to people and responding to them? I suspect you are because I hear the comments that

01:00:07.000 --> 01:00:08.000

you're making but I would be very interested if anybody had anything to say around those topics?

01:00:08.000 --> 01:00:13.000

you're making but I would be very interested if anybody had anything to say around those topics?

01:00:13.000 --> 01:00:14.000

>> KYLE KLEIST: Wonderful. Great point Linda because we're very fortunate it be in a college town.

01:00:14.000 --> 01:00:26.000

>> KYLE KLEIST: Wonderful. Great point Linda because we're very fortunate it be in a college town.

01:00:26.000 --> 01:00:27.000

When I used to do peer support trainings I always had a connection with the Faculty and mental health

01:00:27.000 --> 01:00:34.000

When I used to do peer support trainings I always had a connection with the Faculty and mental health

01:00:34.000 --> 01:00:35.000

counseling and listens and skills of responding in our training and now I wish I would have recorded it and had

01:00:35.000 --> 01:00:40.000

counseling and listens and skills of responding in our training and now I wish I would have recorded it and had

01:00:40.000 --> 01:00:41.000

it for prosperity but it was a great training and getting at basic listening skills for people.

01:00:41.000 --> 01:00:48.000

it for prosperity but it was a great training and getting at basic listening skills for people.

01:00:48.000 --> 01:00:49.000

>> LINDA POGUE: Yeah, I see KariRostron popped up to say it's all about exchanging and listening.

01:00:49.000 --> 01:01:01.000

>> LINDA POGUE: Yeah, I see KariRostron popped up to say it's all about exchanging and listening.

01:01:01.000 --> 01:01:02.000

Uh-huh. >> AERIUS FRANKLIN: Thinks Aerijs. We do have a question came in from

01:01:02.000 --> 01:01:10.000

Uh-huh. >> AERIUS FRANKLIN: Thinks Aerijs. We do have a question came in from

01:01:10.000 --> 01:01:11.000

Katelinn. For CILs who have their IL specialist -- peer support for consumers does

01:01:11.000 --> 01:01:19.000

Katelinn. For CILs who have their IL specialist -- peer support for consumers does

01:01:19.000 --> 01:01:20.000

your CILs have volunteers from the community that are trained in to be mentors, peer support, or does

01:01:20.000 --> 01:01:28.000

your CILs have volunteers from the community that are trained in to be mentors, peer support, or does

01:01:28.000 --> 01:01:29.000

everyone get paid to do it? >> LINDA POGUE: Good question. Love to hear what other people are

01:01:29.000 --> 01:01:31.000

everyone get paid to do it? >> LINDA POGUE: Good question. Love to hear what other people are

01:01:31.000 --> 01:01:32.000

doing. >> KYLE KLEIST: Wonderful question around background checks.

01:01:32.000 --> 01:01:37.000

doing. >> KYLE KLEIST: Wonderful question around background checks.

01:01:37.000 --> 01:01:38.000

I see that going on more and more in peer support. It wasn't something that was done back

01:01:38.000 --> 01:01:47.000

I see that going on more and more in peer support. It wasn't something that was done back

01:01:47.000 --> 01:01:48.000

in my day when I was first hired but I understand we are -- many people with disabilities are vulnerable as well

01:01:48.000 --> 01:01:59.000

in my day when I was first hired but I understand we are -- many people with disabilities are vulnerable as well

01:01:59.000 --> 01:02:00.000

and there seems to be more of emphasis of people doing background checks and it comes to peer support these days.

01:02:00.000 --> 01:02:07.000

and there seems to be more of emphasis of people doing background checks and it comes to peer support these days.

01:02:07.000 --> 01:02:08.000

>> LINDA POGUE: One thing I would like to add from the point of view of disABILITY LINK is that we often

01:02:08.000 --> 01:02:16.000

>> LINDA POGUE: One thing I would like to add from the point of view of disABILITY LINK is that we often

01:02:16.000 --> 01:02:17.000

provide peer support training for volunteers. When are they going to specifically do

01:02:17.000 --> 01:02:21.000

provide peer support training for volunteers. When are they going to specifically do

01:02:21.000 --> 01:02:22.000

something called peer support or whether they are participating in programs in another way because

01:02:22.000 --> 01:02:27.000

something called peer support or whether they are participating in programs in another way because

01:02:27.000 --> 01:02:28.000

because of the element of peer support being through everything that we do through centers of Independent Living

01:02:28.000 --> 01:02:33.000

because of the element of peer support being through everything that we do through centers of Independent Living

01:02:33.000 --> 01:02:34.000

and not everybody wants it be a group facilitator. Not everybody wants to necessarily

01:02:34.000 --> 01:02:39.000

and not everybody wants it be a group facilitator. Not everybody wants to necessarily

01:02:39.000 --> 01:02:40.000

participate in a program where they are matched up but they do want to participate in activities of the

01:02:40.000 --> 01:02:46.000

participate in a program where they are matched up but they do want to participate in activities of the

01:02:46.000 --> 01:02:47.000

center and providing the peer support training has been helpful, I believe, along those lines.

01:02:47.000 --> 01:03:00.000

center and providing the peer support training has been helpful, I believe, along those lines.

01:03:00.000 --> 01:03:01.000

Anybody else want to say anything about training? Or anything else? Because you've all said lots of good things, I

01:03:01.000 --> 01:03:03.000

Anybody else want to say anything about training? Or anything else? Because you've all said lots of good things, I

01:03:03.000 --> 01:03:04.000

should say. Thank you. >> AERIUS FRANKLIN: This is Aeries.

01:03:04.000 --> 01:03:20.000

should say. Thank you. >> AERIUS FRANKLIN: This is Aeries.

01:03:20.000 --> 01:03:21.000

Joelle says we have specific peer support group facilitator training that focuses on training and meeting

01:03:21.000 --> 01:03:26.000

Joelle says we have specific peer support group facilitator training that focuses on training and meeting

01:03:26.000 --> 01:03:27.000

people where they are at. >> KYLE KLEIST: It's wonderful there are certificate trainings as well.

01:03:27.000 --> 01:03:32.000

people where they are at. >> KYLE KLEIST: It's wonderful there are certificate trainings as well.

01:03:32.000 --> 01:03:33.000

One of the things I felt important was giving people a certificate of a type, recognition for completing the

01:03:33.000 --> 01:03:41.000

One of the things I felt important was giving people a certificate of a type, recognition for completing the

01:03:41.000 --> 01:03:42.000

training but one other question I wanted to throw out is have you ever had people that were trained and then

01:03:42.000 --> 01:03:49.000

training but one other question I wanted to throw out is have you ever had people that were trained and then

01:03:49.000 --> 01:03:50.000

you weren't able to use them and they lost interest? Was one of the things I found early on when I was doing peer

01:03:50.000 --> 01:03:55.000

you weren't able to use them and they lost interest? Was one of the things I found early on when I was doing peer

01:03:55.000 --> 01:03:56.000

support trainings is I would want to have people wanting to do peer support and I would get them trained and then

01:03:56.000 --> 01:04:03.000

support trainings is I would want to have people wanting to do peer support and I would get them trained and then

01:04:03.000 --> 01:04:04.000

I didn't have anybody to match them up with which was always -- and then they would lose interest.

01:04:04.000 --> 01:04:11.000

I didn't have anybody to match them up with which was always -- and then they would lose interest.

01:04:11.000 --> 01:04:12.000

>> LINDA POGUE: Yes, that's a sad use of resources, isn't it? >> KYLE KLEIST: Yes.

01:04:12.000 --> 01:04:17.000

>> LINDA POGUE: Yes, that's a sad use of resources, isn't it? >> KYLE KLEIST: Yes.

01:04:17.000 --> 01:04:18.000

>> LINDA POGUE: Anyone have comments about matching up and training and connecting people and having that make

01:04:18.000 --> 01:04:23.000

>> LINDA POGUE: Anyone have comments about matching up and training and connecting people and having that make

01:04:23.000 --> 01:04:24.000

sense in real time? Love to hear that. I bet lots of other people would love

01:04:24.000 --> 01:04:28.000

sense in real time? Love to hear that. I bet lots of other people would love

01:04:28.000 --> 01:04:29.000

to be interested in that one too. >> KYLE KLEIST: Yes. >> LINDA POGUE: It's definitely a

01:04:29.000 --> 01:04:42.000

to be interested in that one too. >> KYLE KLEIST: Yes. >> LINDA POGUE: It's definitely a

01:04:42.000 --> 01:04:43.000

challenge for us. Anything else about training? >> AERIUS FRANKLIN: This is Aerius.

01:04:43.000 --> 01:04:45.000

challenge for us. Anything else about training? >> AERIUS FRANKLIN: This is Aerius.

01:04:45.000 --> 01:04:46.000

I don't see anything in the chat right now. No questions.

01:04:46.000 --> 01:04:51.000

I don't see anything in the chat right now. No questions.

01:04:51.000 --> 01:04:52.000

Let me check and see. I don't see any hands up as well. >> LINDA POGUE: Okay.

01:04:52.000 --> 01:04:58.000

Let me check and see. I don't see any hands up as well. >> LINDA POGUE: Okay.

01:04:58.000 --> 01:04:59.000

>> AERIUS FRANKLIN: One just came up.

01:04:59.000 --> 01:05:04.000

>> AERIUS FRANKLIN: One just came up.

01:05:04.000 --> 01:05:05.000

I apologize. >> LINDA POGUE: You have nothing to apologize for.

01:05:05.000 --> 01:05:12.000

I apologize. >> LINDA POGUE: You have nothing to apologize for.

01:05:12.000 --> 01:05:13.000

You have done magnificently. >> AERIUS FRANKLIN: Renota, whenever you're ready, you can go ahead and

01:05:13.000 --> 01:05:19.000

You have done magnificently. >> AERIUS FRANKLIN: Renota, whenever you're ready, you can go ahead and

01:05:19.000 --> 01:05:20.000

speak. >> RENOTA: Sure I just wanted to add to the piece about when you guys asked

01:05:20.000 --> 01:05:30.000

speak. >> RENOTA: Sure I just wanted to add to the piece about when you guys asked

01:05:30.000 --> 01:05:31.000

about, are we listening or are we listening to really hear what our participants, our consumers are saying

01:05:31.000 --> 01:05:35.000

about, are we listening or are we listening to really hear what our participants, our consumers are saying

01:05:35.000 --> 01:05:36.000

do you remember our peer support meetings and gatherings. And I touched on it a little bit

01:05:36.000 --> 01:05:44.000

do you remember our peer support meetings and gatherings. And I touched on it a little bit

01:05:44.000 --> 01:05:45.000

earlier but when I said that, you know, a lot of times all of these individuals want to do is just to have

01:05:45.000 --> 01:05:50.000

earlier but when I said that, you know, a lot of times all of these individuals want to do is just to have

01:05:50.000 --> 01:05:51.000

someone listen to them because they don't have that. And we even -- in our agenda we

01:05:51.000 --> 01:06:00.000

someone listen to them because they don't have that. And we even -- in our agenda we

01:06:00.000 --> 01:06:01.000

incorporate a specified amount of time just for them to share in both groups because there's cerebral palsy group

01:06:01.000 --> 01:06:09.000

incorporate a specified amount of time just for them to share in both groups because there's cerebral palsy group

01:06:09.000 --> 01:06:10.000

that is a mixture of all ages whereas the silver linings senior group is more of a 55 and over age group.

01:06:10.000 --> 01:06:19.000

that is a mixture of all ages whereas the silver linings senior group is more of a 55 and over age group.

01:06:19.000 --> 01:06:20.000

But they both want that. We found that both groups desperately, especially now during

01:06:20.000 --> 01:06:27.000

But they both want that. We found that both groups desperately, especially now during

01:06:27.000 --> 01:06:28.000

COVID, we learned so much from each other and a lot of times -- even from me, I've learned so much from having

01:06:28.000 --> 01:06:33.000

COVID, we learned so much from each other and a lot of times -- even from me, I've learned so much from having

01:06:33.000 --> 01:06:34.000

these peer support groups from just obtaining information that maybe, you know, that may be relevant to other

01:06:34.000 --> 01:06:40.000

these peer support groups from just obtaining information that maybe, you know, that may be relevant to other

01:06:40.000 --> 01:06:41.000

consumers we're working with or just doing life. You know, just how to do life,

01:06:41.000 --> 01:06:47.000

consumers we're working with or just doing life. You know, just how to do life,

01:06:47.000 --> 01:06:48.000

especially with the seniors because a lot of times they are not only sharing information that they might have

01:06:48.000 --> 01:06:58.000

especially with the seniors because a lot of times they are not only sharing information that they might have

01:06:58.000 --> 01:06:59.000

obtained but they are sharing years of wisdom a lot of times that, you know, other individuals might not have even

01:06:59.000 --> 01:07:07.000

obtained but they are sharing years of wisdom a lot of times that, you know, other individuals might not have even

01:07:07.000 --> 01:07:08.000

thought of to just help them get them through life. We, I think that's very important that

01:07:08.000 --> 01:07:15.000

thought of to just help them get them through life. We, I think that's very important that

01:07:15.000 --> 01:07:16.000

they have their they have their time to share or whatever they want to do and they appreciate that.

01:07:16.000 --> 01:07:23.000

they have their they have their time to share or whatever they want to do and they appreciate that.

01:07:23.000 --> 01:07:24.000

Once some of them, when they get going, especially the seniors, it's hard to stop them which is great.

01:07:24.000 --> 01:07:28.000

Once some of them, when they get going, especially the seniors, it's hard to stop them which is great.

01:07:28.000 --> 01:07:29.000

I love just, I love being a part of that, just from hearing what they have to say.

01:07:29.000 --> 01:07:35.000

I love just, I love being a part of that, just from hearing what they have to say.

01:07:35.000 --> 01:07:36.000

And we make it a point to let them know that it's their support group. I mean, we're there as facilitators,

01:07:36.000 --> 01:07:41.000

And we make it a point to let them know that it's their support group. I mean, we're there as facilitators,

01:07:41.000 --> 01:07:42.000

yeah. But it's their support group. So we want them to have input.

01:07:42.000 --> 01:07:47.000

yeah. But it's their support group. So we want them to have input.

01:07:47.000 --> 01:07:48.000

We want them to be the one talking and expressing. >> LINDA POGUE: That's lovely.

01:07:48.000 --> 01:07:58.000

We want them to be the one talking and expressing. >> LINDA POGUE: That's lovely.

01:07:58.000 --> 01:07:59.000

Thank you for being so open and sharing, Renota. I would to know -- that reminds me

01:07:59.000 --> 01:08:05.000

Thank you for being so open and sharing, Renota. I would to know -- that reminds me

01:08:05.000 --> 01:08:06.000

about any guidelines that people might use in support groups,-- obviously we've mentioned things already like

01:08:06.000 --> 01:08:09.000

about any guidelines that people might use in support groups,-- obviously we've mentioned things already like

01:08:09.000 --> 01:08:10.000

confidentiality and being respectful of one another. But if there's anything else that

01:08:10.000 --> 01:08:19.000

confidentiality and being respectful of one another. But if there's anything else that

01:08:19.000 --> 01:08:20.000

people use in their guidelines that you would like to share with others? I bet that would be well received, too.

01:08:20.000 --> 01:08:29.000

people use in their guidelines that you would like to share with others? I bet that would be well received, too.

01:08:29.000 --> 01:08:30.000

>> AERIUS FRANKLIN: We have some stuff coming into the chat from DeAnn. Peer support can be similar life

01:08:30.000 --> 01:08:40.000

>> AERIUS FRANKLIN: We have some stuff coming into the chat from DeAnn. Peer support can be similar life

01:08:40.000 --> 01:08:41.000

experience, not just based on age, group, disability specific. And then Patricia McGinnis had her

01:08:41.000 --> 01:08:46.000

experience, not just based on age, group, disability specific. And then Patricia McGinnis had her

01:08:46.000 --> 01:08:47.000

hand up and I don't know if she put it down on accident or if she got her question answered.

01:08:47.000 --> 01:08:52.000

hand up and I don't know if she put it down on accident or if she got her question answered.

01:08:52.000 --> 01:08:53.000

Her hand is up now so we'll go to her. >> LINDA POGUE: Thank you. >> KYLE KLEIST: I might have jumped

01:08:53.000 --> 01:09:00.000

Her hand is up now so we'll go to her. >> LINDA POGUE: Thank you. >> KYLE KLEIST: I might have jumped

01:09:00.000 --> 01:09:01.000

ahead I'll go back still. >> Patricia: Talking about the pandemic and peer support and I'm an

01:09:01.000 --> 01:09:06.000

ahead I'll go back still. >> Patricia: Talking about the pandemic and peer support and I'm an

01:09:06.000 --> 01:09:07.000

older person. I had answered a -- there was a little block in the newsletters from

01:09:07.000 --> 01:09:16.000

older person. I had answered a -- there was a little block in the newsletters from

01:09:16.000 --> 01:09:17.000

disability partners in Asheville and something to do with UNC and their graduate students had partnered with

01:09:17.000 --> 01:09:22.000

disability partners in Asheville and something to do with UNC and their graduate students had partnered with

01:09:22.000 --> 01:09:23.000

ARRP and they were calling older people like once a week and having like a 45 minute conversation with them and they

01:09:23.000 --> 01:09:30.000

ARRP and they were calling older people like once a week and having like a 45 minute conversation with them and they

01:09:30.000 --> 01:09:31.000

were getting college credits for doing it and it was to keep seniors connected to the outside world

01:09:31.000 --> 01:09:36.000

were getting college credits for doing it and it was to keep seniors connected to the outside world

01:09:36.000 --> 01:09:37.000

primarily during the pandemic because they were telling us all not to leave the house.

01:09:37.000 --> 01:09:46.000

primarily during the pandemic because they were telling us all not to leave the house.

01:09:46.000 --> 01:09:47.000

That worked really well and I really enjoyed -- a lot of young people don't want to spend a whole lot of time

01:09:47.000 --> 01:09:53.000

That worked really well and I really enjoyed -- a lot of young people don't want to spend a whole lot of time

01:09:53.000 --> 01:09:54.000

talking to old people and she was an excellent person and I think I made a friend.

01:09:54.000 --> 01:10:01.000

talking to old people and she was an excellent person and I think I made a friend.

01:10:01.000 --> 01:10:02.000

She was going to school in Asheville and she lives about an hour November or so and it might be a little less

01:10:02.000 --> 01:10:06.000

She was going to school in Asheville and she lives about an hour November or so and it might be a little less

01:10:06.000 --> 01:10:07.000

and it was a really good tram and it was done by telephone. Everything has gone to technology now

01:10:07.000 --> 01:10:13.000

and it was a really good tram and it was done by telephone. Everything has gone to technology now

01:10:13.000 --> 01:10:14.000

but for some of us older folks, that might be our preferred way of communicating and actually hear a

01:10:14.000 --> 01:10:25.000

but for some of us older folks, that might be our preferred way of communicating and actually hear a

01:10:25.000 --> 01:10:26.000

voice on the other end and it worked really well and I was grateful that I got the partner from disability

01:10:26.000 --> 01:10:35.000

voice on the other end and it worked really well and I was grateful that I got the partner from disability

01:10:35.000 --> 01:10:36.000

partners and I was glad I had taken it upon myself to respond and a few weeks later I got a call asking if it would

01:10:36.000 --> 01:10:39.000

partners and I was glad I had taken it upon myself to respond and a few weeks later I got a call asking if it would

01:10:39.000 --> 01:10:40.000

be beneficial and I was good for me and I think her too. It was a good thing.

01:10:40.000 --> 01:10:44.000

be beneficial and I was good for me and I think her too. It was a good thing.

01:10:44.000 --> 01:10:45.000

>> LINDA POGUE: Lovely. Thank you Patricia. >> AERIUS FRANKLIN: We have a

01:10:45.000 --> 01:10:51.000

>> LINDA POGUE: Lovely. Thank you Patricia. >> AERIUS FRANKLIN: We have a

01:10:51.000 --> 01:10:52.000

question come in from the Q&A box. What are some of the specific topics that you cover in peer support

01:10:52.000 --> 01:10:55.000

question come in from the Q&A box. What are some of the specific topics that you cover in peer support

01:10:55.000 --> 01:10:56.000

training? >> KYLE KLEIST: Oh. >> LINDA POGUE: Uh-huh.

01:10:56.000 --> 01:11:00.000

training? >> KYLE KLEIST: Oh. >> LINDA POGUE: Uh-huh.

01:11:00.000 --> 01:11:01.000

>> KYLE KLEIST: Linda, that's a question for you. >> LINDA POGUE: I love talking about

01:11:01.000 --> 01:11:04.000

>> KYLE KLEIST: Linda, that's a question for you. >> LINDA POGUE: I love talking about

01:11:04.000 --> 01:11:05.000

peer support training. Thank you, Kyle, what a friend you are.

01:11:05.000 --> 01:11:12.000

peer support training. Thank you, Kyle, what a friend you are.

01:11:12.000 --> 01:11:13.000

I can tell you the brief version of the training that I facilitate and it begins with what is peer support and

01:11:13.000 --> 01:11:19.000

I can tell you the brief version of the training that I facilitate and it begins with what is peer support and

01:11:19.000 --> 01:11:20.000

why is it important? That's the context of peer support, thinking about how peer support was included in

01:11:20.000 --> 01:11:25.000

why is it important? That's the context of peer support, thinking about how peer support was included in

01:11:25.000 --> 01:11:26.000

Independent Living. Those kind of topics and then -- the majority of the training is about what

01:11:26.000 --> 01:11:33.000

Independent Living. Those kind of topics and then -- the majority of the training is about what

01:11:33.000 --> 01:11:34.000

kind of skills do I need to be a good peer supporter, whether that's group or individually.

01:11:34.000 --> 01:11:48.000

kind of skills do I need to be a good peer supporter, whether that's group or individually.

01:11:48.000 --> 01:11:49.000

And specifics of those specifics is the listening and responding part. How to put your own judgment aside and

01:11:49.000 --> 01:11:57.000

And specifics of those specifics is the listening and responding part. How to put your own judgment aside and

01:11:57.000 --> 01:11:58.000

techniques for dealing with conflicts that seem difficult and lots of role play to act that out.

01:11:58.000 --> 01:12:03.000

techniques for dealing with conflicts that seem difficult and lots of role play to act that out.

01:12:03.000 --> 01:12:04.000

Its good to do that in a safe environment. Lots of listening and responding and

01:12:04.000 --> 01:12:10.000

Its good to do that in a safe environment. Lots of listening and responding and

01:12:10.000 --> 01:12:11.000

then some training about what to do in particularly challenging situations. Critical situations.

01:12:11.000 --> 01:12:17.000

then some training about what to do in particularly challenging situations. Critical situations.

01:12:17.000 --> 01:12:18.000

And then helping people connect with resources, the community. That kind of stuff.

01:12:18.000 --> 01:12:25.000

And then helping people connect with resources, the community. That kind of stuff.

01:12:25.000 --> 01:12:26.000

And then about how to support each other as peer supporters. Because to do it properly, it's

01:12:26.000 --> 01:12:37.000

And then about how to support each other as peer supporters. Because to do it properly, it's

01:12:37.000 --> 01:12:38.000

actually quite a demand of oneself. Want you to do it as best as you possibly can and that requires support

01:12:38.000 --> 01:12:43.000

actually quite a demand of oneself. Want you to do it as best as you possibly can and that requires support

01:12:43.000 --> 01:12:44.000

in return and that's a very brief version of the particular training that I facilitate and I'm sure other

01:12:44.000 --> 01:12:52.000

in return and that's a very brief version of the particular training that I facilitate and I'm sure other

01:12:52.000 --> 01:12:53.000

trainings have something that's similar and little individual aspects. Kyle, what about you? What kind of

01:12:53.000 --> 01:12:58.000

trainings have something that's similar and little individual aspects. Kyle, what about you?
What kind of

01:12:58.000 --> 01:12:59.000

trainings are you encouraging your staff to have? >> KYLE KLEIST: They are ramping back

01:12:59.000 --> 01:13:05.000

trainings are you encouraging your staff to have? >> KYLE KLEIST: They are ramping back

01:13:05.000 --> 01:13:06.000

up now and they are doing the thing things when looking at training. Some of the things you
just talked

01:13:06.000 --> 01:13:09.000

up now and they are doing the thing things when looking at training. Some of the things you
just talked

01:13:09.000 --> 01:13:10.000

about. Confidentiality as well. That's one of the things I like to stress in peer

01:13:10.000 --> 01:13:16.000

about. Confidentiality as well. That's one of the things I like to stress in peer

01:13:16.000 --> 01:13:17.000

support. You have to make sure that, you know what individuals are telling you

01:13:17.000 --> 01:13:25.000

support. You have to make sure that, you know what individuals are telling you

01:13:25.000 --> 01:13:26.000

remains confidential because it's one of the corner stones of peer support. >> LINDA POGUE:
Can't build trust

01:13:26.000 --> 01:13:27.000

remains confidential because it's one of the corner stones of peer support. >> LINDA POGUE:
Can't build trust

01:13:27.000 --> 01:13:28.000

without it. >> KYLE KLEIST: Right. >> LINDA POGUE: Yeah.

01:13:28.000 --> 01:13:34.000

without it. >> KYLE KLEIST: Right. >> LINDA POGUE: Yeah.

01:13:34.000 --> 01:13:35.000

Anybody else want to add in on training aspects that's useful for the other hundred folks listening in? That

01:13:35.000 --> 01:13:38.000

Anybody else want to add in on training aspects that's useful for the other hundred folks listening in? That

01:13:45.000 --> 01:13:46.000

virtual. I wonder if we'll ever go back to fully in person.

01:13:46.000 --> 01:13:58.000

virtual. I wonder if we'll ever go back to fully in person.

01:13:58.000 --> 01:13:59.000

>> LINDA POGUE: The other aspect of that I would like to ask is it asks something of facilitators.

01:13:59.000 --> 01:14:08.000

>> LINDA POGUE: The other aspect of that I would like to ask is it asks something of facilitators.

01:14:08.000 --> 01:14:09.000

You need an area or something like that to assist you to be useful when it comes to balancing communication, I

01:14:09.000 --> 01:14:20.000

You need an area or something like that to assist you to be useful when it comes to balancing communication, I

01:14:20.000 --> 01:14:21.000

think. Anybody else have experiences they would like to share about COVID?

01:14:21.000 --> 01:14:29.000

think. Anybody else have experiences they would like to share about COVID?

01:14:29.000 --> 01:14:30.000

>> AERIUS FRANKLIN: We have Renota shepherd and then Molly. >> LINDA POGUE: Terrific.

01:14:30.000 --> 01:14:56.000

>> AERIUS FRANKLIN: We have Renota shepherd and then Molly. >> LINDA POGUE: Terrific.

01:14:56.000 --> 01:15:03.000

meetings virtually, doing the main part of the pandemic, it's just something about doing it in American. meetings virtually, doing the main part of the pandemic, it's just something about doing it in American.

01:15:03.000 --> 01:15:04.000

You know, you just don't get that face-to-face. You get it on Zoom but it's not the

01:15:04.000 --> 01:15:11.000

You know, you just don't get that face-to-face. You get it on Zoom but it's not the

01:15:11.000 --> 01:15:12.000

same. So even though we had great success with it, we still saw the need of

01:15:12.000 --> 01:15:20.000

same. So even though we had great success with it, we still saw the need of

01:15:20.000 --> 01:15:21.000

individuals wanting to meet in person. Seniors not so much, you know, when COVID was really bad.

01:15:21.000 --> 01:15:31.000

individuals wanting to meet in person. Seniors not so much, you know, when COVID was really bad.

01:15:31.000 --> 01:15:32.000

They were really still skeptical and so were we as a staff for them. But know we've decided that we're

01:15:32.000 --> 01:15:42.000

They were really still skeptical and so were we as a staff for them. But know we've decided that we're

01:15:42.000 --> 01:15:43.000

going to do a so much nation of both. So that you know we can staff everyone wanting to participate and I agree

01:15:43.000 --> 01:15:55.000

going to do a so much nation of both. So that you know we can staff everyone wanting to participate and I agree

01:15:55.000 --> 01:15:56.000

with Kyle about the whole technology thing and to your question, Kyle, about whether we'll ever go back --

01:15:56.000 --> 01:16:06.000

with Kyle about the whole technology thing and to your question, Kyle, about whether we'll ever go back --

01:16:06.000 --> 01:16:07.000

just to my opinion -- I don't think so because fully, people have seen the benefits of the whole technology

01:16:07.000 --> 01:16:15.000

just to my opinion -- I don't think so because fully, people have seen the benefits of the whole technology

01:16:15.000 --> 01:16:16.000

aspect and maybe the not so -- the down side to it. I'm involved in a lot of the other

01:16:16.000 --> 01:16:22.000

aspect and maybe the not so -- the down side to it. I'm involved in a lot of the other

01:16:22.000 --> 01:16:23.000

things too and I'll tell you most of the meetings that I'm attending are virtual and so having a hard time, you

01:16:23.000 --> 01:16:36.000

things too and I'll tell you most of the meetings that I'm attending are virtual and so having a hard time, you

01:16:36.000 --> 01:16:37.000

know, to commit to doing it, to doing it in person fully. Maybe once or twice a year they said

01:16:37.000 --> 01:16:42.000

know, to commit to doing it, to doing it in person fully. Maybe once or twice a year they said

01:16:42.000 --> 01:16:43.000

we're thinking about doing thing inside person but not fully in person. Because virtual is just so convenient

01:16:43.000 --> 01:16:51.000

we're thinking about doing thing inside person but not fully in person. Because virtual is just so convenient

01:16:51.000 --> 01:16:52.000

for individuals, to keep individuals from having to travel and especially, you know, for the participant that may

01:16:52.000 --> 01:17:05.000

for individuals, to keep individuals from having to travel and especially, you know, for the participant that may

01:17:05.000 --> 01:17:06.000

not be as mobilely able to get out. It's so convenient for them. So definitely, COVID has changed and

01:17:06.000 --> 01:17:18.000

not be as mobilely able to get out. It's so convenient for them. So definitely, COVID has changed and

01:17:18.000 --> 01:17:19.000

it's helped us to have a whole different perspective on how things can be done without having to do them

01:17:19.000 --> 01:17:22.000

it's helped us to have a whole different perspective on how things can be done without having to do them

01:17:22.000 --> 01:17:23.000

in person. >> LINDA POGUE: Thank you Renota, appreciate that.

01:17:23.000 --> 01:17:28.000

in person. >> LINDA POGUE: Thank you Renota, appreciate that.

01:17:28.000 --> 01:17:29.000

>> AERIUS FRANKLIN: Molli and then Caroline. >> LINDA POGUE: Lovely.

01:17:29.000 --> 01:17:39.000

>> AERIUS FRANKLIN: Molli and then Caroline. >> LINDA POGUE: Lovely.

01:17:39.000 --> 01:17:40.000

>> MOLLY: This is Molly from disability action center in Lewiston Idaho and we're quite rural up here

01:17:40.000 --> 01:17:46.000

>> MOLLY: This is Molly from disability action center in Lewiston Idaho and we're quite rural up here

01:17:46.000 --> 01:17:47.000

and I've been here for a little over ten years and during the pandemic, what happened with us is we actually

01:17:47.000 --> 01:17:55.000

and I've been here for a little over ten years and during the pandemic, what happened with us is we actually

01:17:55.000 --> 01:17:56.000

were able to reach more rural individuals, where more rural individuals wanted to participate and

01:17:56.000 --> 01:18:03.000

were able to reach more rural individuals, where more rural individuals wanted to participate and

01:18:03.000 --> 01:18:04.000

that has carried forward because we are so spread out that it's made it nice. We also run some hybrid meetings with

01:18:04.000 --> 01:18:11.000

that has carried forward because we are so spread out that it's made it nice. We also run some hybrid meetings with

01:18:11.000 --> 01:18:12.000

an OWL so you can either come or you can be online but everyone can participate and that's really helped

01:18:12.000 --> 01:18:27.000

an OWL so you can either come or you can be online but everyone can participate and that's really helped

01:18:27.000 --> 01:18:28.000

us out a lot. >> LINDA POGUE: That's good to hear. >> KYLE KLEIST: One other person?

01:18:28.000 --> 01:18:40.000

us out a lot. >> LINDA POGUE: That's good to hear. >> KYLE KLEIST: One other person?

01:18:40.000 --> 01:18:41.000

>> AERIUS FRANKLIN: Caroline. >> CAROLIN: Good morning can you hear me? I'm with ability Montana, former

01:18:41.000 --> 01:18:48.000

>> AERIUS FRANKLIN: Caroline. >> CAROLIN: Good morning can you hear me? I'm with ability Montana, former

01:18:48.000 --> 01:18:49.000

plan Montana live be project in Montana and we found the same thing that Molly was finding that we had so many

01:18:49.000 --> 01:18:57.000

plan Montana live be project in Montana and we found the same thing that Molly was finding that we had so many

01:18:57.000 --> 01:18:58.000

more people able and wanting to participate via Zoom, by virtual connections and so many other

01:18:58.000 --> 01:19:03.000

more people able and wanting to participate via Zoom, by virtual connections and so many other

01:19:03.000 --> 01:19:04.000

different issues and reasons and barriers of one, COVID, and two, transportation and mobility.

01:19:04.000 --> 01:19:10.000

different issues and reasons and barriers of one, COVID, and two, transportation and mobility.

01:19:10.000 --> 01:19:11.000

Three, we are very rural in Montana. There are a will the of people who may not want to make an hour's drive in

01:19:11.000 --> 01:19:17.000

Three, we are very rural in Montana. There are a will the of people who may not want to make an hour's drive in

01:19:17.000 --> 01:19:18.000

the middle of winter to attendant a peer group. But it really, really opened a new

01:19:18.000 --> 01:19:27.000

the middle of winter to attendant a peer group. But it really, really opened a new

01:19:27.000 --> 01:19:28.000

door to connections and we have three offices in different towns in Montana and it allows people who would have

01:19:28.000 --> 01:19:34.000

door to connections and we have three offices in different towns in Montana and it allows people who would have

01:19:34.000 --> 01:19:35.000

been confined -- I think that's not the right word -- but working with peers in their own particular community to

01:19:35.000 --> 01:19:39.000

been confined -- I think that's not the right word -- but working with peers in their own particular community to

01:19:39.000 --> 01:19:40.000

communicate with peer inside all of our community and it broke down geographic Cal barriers as well.

01:19:40.000 --> 01:19:53.000

communicate with peer inside all of our community and it broke down geographic Cal barriers as well.

01:19:53.000 --> 01:19:54.000

We've had the same things where both facilitators and participants have challenges doing the Zoom and we are

01:19:54.000 --> 01:19:59.000

We've had the same things where both facilitators and participants have challenges doing the Zoom and we are

01:19:59.000 --> 01:20:00.000

past the point of whether or not we should do virtual meetings. I think the question we're trying to

01:20:00.000 --> 01:20:09.000

past the point of whether or not we should do virtual meetings. I think the question we're trying to

01:20:09.000 --> 01:20:10.000

figure it out ask is how do we do it best? How do we do it better? How do we do it so that we can make it best

01:20:10.000 --> 01:20:16.000

figure it out ask is how do we do it best? How do we do it better? How do we do it so that we can make it best

01:20:16.000 --> 01:20:17.000

for people who want to participate that way and meet people where they are in a new way and it's just very different

01:20:17.000 --> 01:20:22.000

for people who want to participate that way and meet people where they are in a new way and it's just very different

01:20:22.000 --> 01:20:23.000

than it was before COVID. >> LINDA POGUE: Thank you Caroline. Appreciate that.

01:20:23.000 --> 01:20:27.000

than it was before COVID. >> LINDA POGUE: Thank you Caroline. Appreciate that.

01:20:27.000 --> 01:20:28.000

>> AERIUS FRANKLIN: This is Aerius. We have actual question in the Q&A box.

01:20:28.000 --> 01:20:37.000

>> AERIUS FRANKLIN: This is Aerius. We have actual question in the Q&A box.

01:20:37.000 --> 01:20:38.000

It says COVID shown a light on accessibility needs for immune issues, travel difficulties, et cetera.

01:20:38.000 --> 01:20:43.000

It says COVID shown a light on accessibility needs for immune issues, travel difficulties, et cetera.

01:20:43.000 --> 01:20:44.000

Lots of new inclusion but making sure everyone feels included virtually can be difficult.

01:20:44.000 --> 01:20:51.000

Lots of new inclusion but making sure everyone feels included virtually can be difficult.

01:20:51.000 --> 01:20:52.000

It's more difficult to discuss more personal issues. Games can be fun and easy but we struggle to have the same

01:20:52.000 --> 01:21:02.000

It's more difficult to discuss more personal issues. Games can be fun and easy but we struggle to have the same

01:21:02.000 --> 01:21:03.000

goal oriented personal groups. >> LINDA POGUE: Thank you. I have one answer for your question,

01:21:03.000 --> 01:21:17.000

goal oriented personal groups. >> LINDA POGUE: Thank you. I have one answer for your question,

01:21:17.000 --> 01:21:18.000

Kyle, about are we going back? Recognizing that there are indeed issues with virtual connections too.

01:21:18.000 --> 01:21:24.000

Kyle, about are we going back? Recognizing that there are indeed issues with virtual connections too.

01:21:24.000 --> 01:21:25.000

Technical and virtual connection issues. Aren't we all about having people have

01:21:25.000 --> 01:21:32.000

Technical and virtual connection issues. Aren't we all about having people have

01:21:32.000 --> 01:21:33.000

choices and option inside their lives? And Zoom has offered an option that was not so readily available.

01:21:33.000 --> 01:21:41.000

choices and option inside their lives? And Zoom has offered an option that was not so readily available.

01:21:41.000 --> 01:21:42.000

So despite its limitations, if you think of it that way, it is another option that we can provide our

01:21:42.000 --> 01:21:48.000

So despite its limitations, if you think of it that way, it is another option that we can provide our

01:21:48.000 --> 01:21:49.000

community. >> KYLE KLEIST: Yes. And I love to hear the people from the

01:21:49.000 --> 01:21:55.000

community. >> KYLE KLEIST: Yes. And I love to hear the people from the

01:21:55.000 --> 01:21:56.000

rural centers chime in. Once again, it is a way for those of us that have really rural service

01:21:56.000 --> 01:22:01.000

rural centers chime in. Once again, it is a way for those of us that have really rural service

01:22:01.000 --> 01:22:02.000

areas to be able to connect people. My one concern that I have with those rural areas is when we have

01:22:02.000 --> 01:22:07.000

areas to be able to connect people. My one concern that I have with those rural areas is when we have

01:22:07.000 --> 01:22:08.000

individuals that have limited access to internet or broad band and so that still is a barrier.

01:22:08.000 --> 01:22:20.000

individuals that have limited access to internet or broad band and so that still is a barrier.

01:22:20.000 --> 01:22:21.000

We're slowly overcoming but otherwise, yes, it has really opened the door for us to do so much more than we ever

01:22:21.000 --> 01:22:27.000

We're slowly overcoming but otherwise, yes, it has really opened the door for us to do so much more than we ever

01:22:27.000 --> 01:22:28.000

thought possible prior to the pandemic with doing things, using Zoom and other platforms.

01:22:28.000 --> 01:22:35.000

thought possible prior to the pandemic with doing things, using Zoom and other platforms.

01:22:35.000 --> 01:22:36.000

But like other people have said, especially Renota, I am glad to be back to the hybrid.

01:22:36.000 --> 01:22:43.000

But like other people have said, especially Renota, I am glad to be back to the hybrid.

01:22:43.000 --> 01:22:44.000

And you're right, Linda. I mean, when it comes to consumer choice, that's one of the things with

01:22:44.000 --> 01:22:48.000

And you're right, Linda. I mean, when it comes to consumer choice, that's one of the things with

01:22:48.000 --> 01:22:49.000

having hybrid. But being able to connect with people in person once again, I find to be

01:22:49.000 --> 01:22:53.000

having hybrid. But being able to connect with people in person once again, I find to be

01:22:53.000 --> 01:22:54.000

very refreshing. Especially being able to see their faces is always a nice thing.

01:22:54.000 --> 01:23:04.000

very refreshing. Especially being able to see their faces is always a nice thing.

01:23:04.000 --> 01:23:05.000

But for those that many times can't make it, even having the hybrid option really still allows them to ingauge.

01:23:05.000 --> 01:23:12.000

But for those that many times can't make it, even having the hybrid option really still allows them to ingauge.

01:23:12.000 --> 01:23:13.000

>> LINDA POGUE: I hope our Independent Living community is using as much energy on advocacy for rural

01:23:13.000 --> 01:23:20.000

>> LINDA POGUE: I hope our Independent Living community is using as much energy on advocacy for rural

01:23:20.000 --> 01:23:21.000

connectedness with internet as much as we have to do that same type of advocacy with regards to

01:23:21.000 --> 01:23:25.000

connectedness with internet as much as we have to do that same type of advocacy with regards to

01:23:25.000 --> 01:23:26.000

transportation. Now we have more work to do. >> AERIUS FRANKLIN: This is Aerius

01:23:26.000 --> 01:23:29.000

transportation. Now we have more work to do. >> AERIUS FRANKLIN: This is Aerius

01:23:29.000 --> 01:23:30.000

again. Just to let you know, we've reached the five-minute warning.

01:23:30.000 --> 01:23:34.000

again. Just to let you know, we've reached the five-minute warning.

01:23:34.000 --> 01:23:35.000

Five-minute warning. And then also I'll read some things in the chat.

01:23:35.000 --> 01:23:41.000

Five-minute warning. And then also I'll read some things in the chat.

01:23:41.000 --> 01:23:42.000

Very interesting conversation going on. Deann says I agree, for those of us

01:23:42.000 --> 01:23:53.000

Very interesting conversation going on. Deann says I agree, for those of us

01:23:53.000 --> 01:23:54.000

who do not drive, virtual has opened up opportunities. And Joelle said we've had the same

01:23:54.000 --> 01:24:00.000

who do not drive, virtual has opened up opportunities. And Joelle said we've had the same

01:24:00.000 --> 01:24:01.000

experiences in Wyoming and this was regarding the question of being in very rural areas and how Zoom and

01:24:01.000 --> 01:24:05.000

experiences in Wyoming and this was regarding the question of being in very rural areas and how Zoom and

01:24:05.000 --> 01:24:06.000

other ways have not always been the best since COVID, if I'm not mistaken.

01:24:06.000 --> 01:24:19.000

other ways have not always been the best since COVID, if I'm not mistaken.

01:24:19.000 --> 01:24:20.000

Britney says alliance of Disability Advocates in North Carolina have been using a device called the OWL to

01:24:20.000 --> 01:24:24.000

Britney says alliance of Disability Advocates in North Carolina have been using a device called the OWL to

01:24:24.000 --> 01:24:25.000

successfully have a combination of virtual and in person hybrid meetings.

01:24:25.000 --> 01:24:30.000

successfully have a combination of virtual and in person hybrid meetings.

01:24:30.000 --> 01:24:31.000

It allows the people to see and here what the in people person see. I hope this helps.

01:24:31.000 --> 01:24:41.000

It allows the people to see and here what the in people person see. I hope this helps.

01:24:41.000 --> 01:24:42.000

Caroline says how do we make the virtual or Zoom feel more like in person interactions? That would be

01:24:42.000 --> 01:24:53.000

Caroline says how do we make the virtual or Zoom feel more like in person interactions? That would be

01:24:53.000 --> 01:24:54.000

such a great help for us. I think if Caroline read the chat, I think OWL would be the accommodation

01:24:54.000 --> 01:24:55.000

such a great help for us. I think if Caroline read the chat, I think OWL would be the accommodation

01:24:55.000 --> 01:24:56.000

as well. Thank you. I'm sorry.

01:24:56.000 --> 01:25:08.000

as well. Thank you. I'm sorry.

01:25:08.000 --> 01:25:09.000

Three minutes now. I'm sorry for taking the time. >> ABBY: We have a hand up from

01:25:09.000 --> 01:25:16.000

Three minutes now. I'm sorry for taking the time. >> ABBY: We have a hand up from

01:25:16.000 --> 01:25:17.000

Manicia. >> Hi. I am just going to chime in on how

01:25:17.000 --> 01:25:23.000

Manicia. >> Hi. I am just going to chime in on how

01:25:23.000 --> 01:25:24.000

COVID and everything has effected everybody. The OWL is great by the way.

01:25:24.000 --> 01:25:33.000

COVID and everything has effected everybody. The OWL is great by the way.

01:25:33.000 --> 01:25:34.000

We have that at our organization and it has been a super great tool to have. We set it in the middle of the room

01:25:34.000 --> 01:25:41.000

We have that at our organization and it has been a super great tool to have. We set it in the middle of the room

01:25:41.000 --> 01:25:42.000

and there's access for everybody and it has closed captioning for people who are Hard of Hearing and not keeping up

01:25:42.000 --> 01:25:46.000

and there's access for everybody and it has closed captioning for people who are Hard of Hearing and not keeping up

01:25:46.000 --> 01:25:47.000

with what's going on and it records. They are about a thousand dollars and they are a great tool to have.

01:25:47.000 --> 01:25:54.000

with what's going on and it records. They are about a thousand dollars and they are a great tool to have.

01:25:54.000 --> 01:25:55.000

I believe it's created really positive effects having support groups digitally and now hybrid has helped a

01:25:55.000 --> 01:26:00.000

I believe it's created really positive effects having support groups digitally and now hybrid has helped a

01:26:00.000 --> 01:26:01.000

lot of people. It does give access -- for several reasons.

01:26:01.000 --> 01:26:06.000

lot of people. It does give access -- for several reasons.

01:26:06.000 --> 01:26:07.000

Social reasons and removing several areas of driving, physical mobility, mental health.

01:26:07.000 --> 01:26:11.000

Social reasons and removing several areas of driving, physical mobility, mental health.

01:26:11.000 --> 01:26:12.000

There's a lot. It created a lot of barriers, mental health.

01:26:12.000 --> 01:26:20.000

There's a lot. It created a lot of barriers, mental health.

01:26:20.000 --> 01:26:21.000

It's difficult when you can't get into see people and having the interaction is important.

01:26:21.000 --> 01:26:27.000

It's difficult when you can't get into see people and having the interaction is important.

01:26:27.000 --> 01:26:28.000

It's created a lot of mental health issues. Rural Ohio and we cover five Counties,

01:26:28.000 --> 01:26:38.000

It's created a lot of mental health issues. Rural Ohio and we cover five Counties,

01:26:38.000 --> 01:26:39.000

Counties, it's rough the amount of mental health care here is virtually inaccessible and having in person

01:26:39.000 --> 01:26:46.000

Counties, it's rough the amount of mental health care here is virtually inaccessible and having in person

01:26:46.000 --> 01:26:47.000

interaction -- a dig deal. It's basically decimated our TBI support group and particularly for them it has

01:26:47.000 --> 01:26:53.000

interaction -- a dig deal. It's basically decimated our TBI support group and particularly for them it has

01:26:53.000 --> 01:26:54.000

been a significant barrier to get over being digital. I think that's been really TBI

01:26:54.000 --> 01:26:58.000

been a significant barrier to get over being digital. I think that's been really TBI

01:26:58.000 --> 01:26:59.000

specific for us but yeah. I just wanted to chime in. Thank you.

01:26:59.000 --> 01:27:03.000

specific for us but yeah. I just wanted to chime in. Thank you.

01:27:03.000 --> 01:27:04.000

>> LINDA POGUE: Thank you for chiming in. Really, really appreciate your chiming

01:27:04.000 --> 01:27:06.000

>> LINDA POGUE: Thank you for chiming in. Really, really appreciate your chiming

01:27:06.000 --> 01:27:07.000

in, as you call it, and everybody else. Terrific, terrific participation.

01:27:07.000 --> 01:27:17.000

in, as you call it, and everybody else. Terrific, terrific participation.

01:27:17.000 --> 01:27:18.000

Thank you for being so willing to share. Isn't peer support marvelous? When

01:27:18.000 --> 01:27:20.000

Thank you for being so willing to share. Isn't peer support marvelous? When

01:27:20.000 --> 01:27:21.000

you give people opportunity to share, they share. It's wonderful.

01:27:21.000 --> 01:27:24.000

you give people opportunity to share, they share. It's wonderful.

01:27:24.000 --> 01:27:25.000

Thank you. Our last question. What else do you want to know or talk

01:27:25.000 --> 01:27:29.000

Thank you. Our last question. What else do you want to know or talk

01:27:29.000 --> 01:27:30.000

about with regards to peer support in our last few minutes? >> AERIUS FRANKLIN: Really quickly,

01:27:30.000 --> 01:27:39.000

about with regards to peer support in our last few minutes? >> AERIUS FRANKLIN: Really quickly,

01:27:39.000 --> 01:27:40.000

we do have a question come in. It's from youth lead North Carolina. Can someone who has facilitated hybrid

01:27:40.000 --> 01:27:48.000

we do have a question come in. It's from youth lead North Carolina. Can someone who has facilitated hybrid

01:27:48.000 --> 01:27:49.000

meetings share how the logistics work? Do you feel like you are facilitating two different meetings at the same

01:27:49.000 --> 01:27:53.000

meetings share how the logistics work? Do you feel like you are facilitating two different meetings at the same

01:27:53.000 --> 01:27:54.000

time? >> LINDA POGUE: Excellent question. >> KYLE KLEIST: I could chime in.

01:27:54.000 --> 01:27:59.000

time? >> LINDA POGUE: Excellent question. >> KYLE KLEIST: I could chime in.

01:27:59.000 --> 01:28:00.000

We have our conference room and we can set it up. Thankfully, a lot of Independent

01:28:00.000 --> 01:28:07.000

We have our conference room and we can set it up. Thankfully, a lot of Independent

01:28:07.000 --> 01:28:08.000

Living centers like us used our cares act funds to upgrade our technology so we're able to have people in person

01:28:08.000 --> 01:28:14.000

Living centers like us used our cares act funds to upgrade our technology so we're able to have people in person

01:28:14.000 --> 01:28:15.000

and we're able to have overhead projections so we can project on the screen for those there and those are

01:28:15.000 --> 01:28:25.000

and we're able to have overhead projections so we can project on the screen for those there and those are

01:28:25.000 --> 01:28:26.000

Zoomment it's really a matter of setting up a Zoom meeting and allowing people there in person as well.

01:28:26.000 --> 01:28:33.000

Zoomment it's really a matter of setting up a Zoom meeting and allowing people there in person as well.

01:28:33.000 --> 01:28:34.000

The one thing to look at is having a good web cam that can either move to the individual that's speaking or is

01:28:34.000 --> 01:28:40.000

The one thing to look at is having a good web cam that can either move to the individual that's speaking or is

01:28:40.000 --> 01:28:41.000

kind of panoramic and show everybody that's there in the conference room. Just my kind of comment on the

01:28:41.000 --> 01:28:45.000

kind of panoramic and show everybody that's there in the conference room. Just my kind of comment on the

01:28:45.000 --> 01:28:46.000

technology side. I think we've run out of time, haven't we?

01:28:46.000 --> 01:28:52.000

technology side. I think we've run out of time, haven't we?

01:28:52.000 --> 01:28:53.000

>> ABBY: We have for this session. We did have one more question come in which I'm going to make sure to make

01:28:53.000 --> 01:29:06.000

>> ABBY: We have for this session. We did have one more question come in which I'm going to make sure to make

01:29:06.000 --> 01:29:07.000

note of so we don't lose it because I think it is a great question. It is from Shana which is in a -- one

01:29:07.000 --> 01:29:14.000

note of so we don't lose it because I think it is a great question. It is from Shana which is in a -- one

01:29:14.000 --> 01:29:15.000

second. I was all ready to do that. There we go.

01:29:15.000 --> 01:29:21.000

second. I was all ready to do that. There we go.

01:29:21.000 --> 01:29:22.000

Sorry. Lost my place. There we go N a peer support group

01:29:22.000 --> 01:29:28.000

Sorry. Lost my place. There we go N a peer support group

01:29:28.000 --> 01:29:29.000

setting, how would you handle a participant who changes the topic or participation to religious and wants

01:29:29.000 --> 01:29:34.000

setting, how would you handle a participant who changes the topic or participation to religious and wants

01:29:34.000 --> 01:29:35.000

to share his or her faith as well as pray for the group out loud. So I have made sure to make note of

01:29:35.000 --> 01:29:41.000

to share his or her faith as well as pray for the group out loud. So I have made sure to make note of

01:29:41.000 --> 01:29:42.000

that question so if Linda and Kyle, you want to come back to it at a later point.

01:29:42.000 --> 01:29:47.000

that question so if Linda and Kyle, you want to come back to it at a later point.

01:29:47.000 --> 01:29:48.000

>> LINDA POGUE: Thank you. >> KYLE KLEIST: That's a great thing we can discuss in the wrap up.

01:29:48.000 --> 01:29:50.000

>> LINDA POGUE: Thank you. >> KYLE KLEIST: That's a great thing we can discuss in the wrap up.

01:29:50.000 --> 01:29:51.000

>> LINDA POGUE: Yes. Yes. Maybe go along with our conversation

01:29:51.000 --> 01:29:56.000

>> LINDA POGUE: Yes. Yes. Maybe go along with our conversation

01:29:56.000 --> 01:29:57.000

back to, you know, what sort of guidelines do we use when facilitating groups.

01:29:57.000 --> 01:30:01.000

back to, you know, what sort of guidelines do we use when facilitating groups.

01:30:01.000 --> 01:30:02.000

How to handle challenging situations. >> KYLE KLEIST: Yes. >> LINDA POGUE: Yeah so we have been

01:30:02.000 --> 01:30:07.000

How to handle challenging situations. >> KYLE KLEIST: Yes. >> LINDA POGUE: Yeah so we have been

01:30:07.000 --> 01:30:08.000

talking for an hour and a half about peer support and clearly, everybody has a lot more to say.

01:30:08.000 --> 01:30:22.000

talking for an hour and a half about peer support and clearly, everybody has a lot more to say.

01:30:22.000 --> 01:30:23.000

So thank you for being so terrific participants and we'll be back. In half an hour we're back, talking

01:30:23.000 --> 01:30:28.000

So thank you for being so terrific participants and we'll be back. In half an hour we're back, talking

01:30:28.000 --> 01:30:29.000

about volunteer programs and an opportunity to take a break and later this afternoon 4:00 o'clock eastern

01:30:29.000 --> 01:30:36.000

about volunteer programs and an opportunity to take a break and later this afternoon 4:00 o'clock eastern

01:30:36.000 --> 01:30:37.000

it's a wrap up of all of the things we haven't been able to finish in this conversation and maybe a few more

01:30:37.000 --> 01:30:42.000

it's a wrap up of all of the things we haven't been able to finish in this conversation and maybe a few more

01:30:42.000 --> 01:30:43.000

things and I don't know what else so say but it was great and I feel such a privilege to hang out with you guys

01:30:43.000 --> 01:30:45.000

things and I don't know what else so say but it was great and I feel such a privilege to hang out with you guys

01:30:45.000 --> 01:30:46.000

virtually as it is. >> KYLE KLEIST: I second that, Linda.

01:30:46.000 --> 01:30:53.000

virtually as it is. >> KYLE KLEIST: I second that, Linda.

01:30:53.000 --> 01:30:54.000

Thank you so much and thanks for all the wonderful comments and those that spoke up and really shared as well.

01:30:54.000 --> 01:31:01.000

Thank you so much and thanks for all the wonderful comments and those that spoke up and really shared as well.

01:31:01.000 --> 01:31:02.000

>> LINDA POGUE: I think we ought it say a specific thank you to Aerius and Abby who had to work very hard because

01:31:02.000 --> 01:31:07.000

>> LINDA POGUE: I think we ought it say a specific thank you to Aerius and Abby who had to work very hard because

01:31:07.000 --> 01:31:08.000

you're such a chatty group. I think that was marvelous, fan tas sick.

01:31:08.000 --> 01:31:14.000

you're such a chatty group. I think that was marvelous, fan tas sick.

01:31:14.000 --> 01:31:15.000

>> ABBY: Thank you so much. We're getting lots of clapping emojis and thumbs up and cheering.

01:31:15.000 --> 01:31:19.000

>> ABBY: Thank you so much. We're getting lots of clapping emojis and thumbs up and cheering.

01:31:19.000 --> 01:31:20.000

So thank you, everybody. We are getting some thank yous and great session and thank you for the

01:31:20.000 --> 01:31:29.000

So thank you, everybody. We are getting some thank yous and great session and thank you for the

01:31:29.000 --> 01:31:30.000

session in the chat. We will be ending this session and there will be a new link for session

01:31:30.000 --> 01:31:38.000

session in the chat. We will be ending this session and there will be a new link for session

01:31:38.000 --> 01:31:39.000

number two for today's conference. You can find those links in the APRIL conference website which I will put

01:31:39.000 --> 01:31:44.000

number two for today's conference. You can find those links in the APRIL conference website which I will put

01:31:44.000 --> 01:31:45.000

here in the chat. I'm sure you all found it as you are all here.

01:31:45.000 --> 01:32:11.000

here in the chat. I'm sure you all found it as you are all here.

01:32:11.000 --> 01:32:12.000

But as a reminder, [www.APRIL - rural](http://www.APRIL-rural) -- we will see you in about 25 minutes. >> LINDA POGUE: Next time the chat is

01:32:12.000 --> 01:32:13.000

But as a reminder, [www.APRIL - rural](http://www.APRIL-rural) -- we will see you in about 25 minutes. >> LINDA POGUE: Next time the chat is